

2016 LEL Championships / Heights MS Invitational

Schedule

MS Boys- 9:30am

MS Girls- 10:00am

HS Boys- 10:30am

HS Girls- 11:15am

Awards- Shortly after the completion of the HS Girls race.

Each runner has a bib number assigned to their name.

Please make sure each runner is wearing the correct number, pinned to the front of their uniform.

There will be only one race per gender/age group; there is no open/JV race.

The course is completely marked with a white line. There are a couple differences between the high school and middle school courses; please make sure you reference the appropriate course map.

The top 7 finishers from each team will count for the team race.

For high school, the first 10 finishers in each race will earn All-LEL honors. Only the first 7 finishers from each team are eligible.

Please make sure all athletes are at the start line 10 minutes before the scheduled start of the race.

There are no assigned starting positions. You may choose your own spot on the starting line.

Remind your athletes that all OHSAA uniform and jewelry rules will be observed and enforced.

All results will be posted on Baumspage.com after the meet.