

Running Warrior Cross Country Invitational

Saturday September 4, 2010

Dear Coach,

Deadlines: August 1 st , 2010 (payment or contract must be received) August 25 th , 2010 (athletes must be registered at baumspage.com)
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The Lebanon Cross Country Team would like to extend an invitation to you and your cross country team to attend the Lebanon "Running Warrior" Cross Country Invitational on **Saturday September 4, 2010**.

Attached you will find a time schedule as well as entry fee information. Please return the attached form (or email roberts.joe@lebanon.k12.oh.us) if you would like to attend the meet. A contract, as well as additional entry information (directions to school, course maps, etc...) will be sent once we receive notice that you would like to attend.

Running Warrior Invitational Highlights

- ✓ Same Day Printed Results
- ✓ Great Spectator Course: every half mile is marked.
- ✓ One Mile and Two Mile are relatively close together.
- ✓ Max Benton and the baumspage.com crew will be managing the meet.
- ✓ Concessions and restrooms available.
- ✓ Trophy for first division II/III school
- ✓ Unlimited entries in the open races.
- ✓ Central location for competition between Cincinnati, Dayton, and Columbus area schools.

For more information, please contact Joe Roberts @ 513-934-5111.

Sincerely;

Joe Roberts, CAA
Athletic Director
Lebanon High School

Running Warrior Cross Country Invitational

Saturday September 4, 2010

Deadlines:	August 1 st , 2010 (payment or contract must be received)
	August 25 th , 2010 (athletes must be registered at baumspage.com)

Location: Lebanon High School
1916 Drake Road
Lebanon, OH 45036

Schedule: 9:30 AM Varsity Boys (run seven, score five)
10:00 AM Varsity Girls (run seven, score five)
10:45 AM Open Boys (unlimited, unscored)
11:15 AM Open Girls (unlimited, unscored)

Hospitality: There will be hospitality for all coaches in the brown barn.

Concessions: There will a wide range of food for sale for spectators.

Invitations: Dayton, Cincinnati, and Columbus area schools

Participants: In past years we have had about 27 teams attending. It is a great mix of competitive division one schools to smaller division three schools.

Team Awards: 1st Place and Runner up trophies for the varsity races.
1st Place trophy for the lowest scoring division II/III team

Individual Awards: Medals for the top twenty-five runners in each varsity race.
Ribbons for the top twenty-five runners in each open race.

Fee: \$75 for Boy's High School (includes both the Varsity and Open Races)
\$75 for Girl's High School (includes both the Varsity and Open Races)

Checks: Lebanon Athletics
Lebanon High School
1916 Drake Road
Lebanon, OH 45036
513-934-5111

ENTRY FORM

(MAIL OR EMAIL)

Deadlines: August 1st (payment or contract must be received)
August 25th (athletes must be registered at baumspage.com)

Running Warrior Cross Country Invitational 2010
Hosted by: Lebanon High School

School: _____

Address: _____

Coach's Name: _____

Coach's Email: _____

Phone: _____

_____ **TOTAL NUMBER OF ATHLETES RACING (estimate)**

_____ Boy's High School Varsity Race (run seven, score five)

_____ Girl's High School Varsity Race (run seven, score five)

_____ Boy's High School Open Race (unlimited entries)

_____ Girl's High School Open Race (unlimited entries)

Please email or return the form to:

Joe Roberts

Lebanon High School

1916 Drake Road

Lebanon, OH 45036

Phone: 513-934-5111

FAX: 513-933-2150

Email: roberts.joe@lebanon.k12.oh.us