

MOAC Cross Country Championships
October 17th 2015
Kokosing Dam

Race schedule:

9:00 Junior high girls
9:40 Junior high boys
10:30 Girls Blue
11:00 Boys Blue
11:30 Girls Red
12:00 Boys Red

Entries: Entries are on Baumspage. The window will close October 14th at 9:00. Each team will be allowed 10 runners in the varsity races. Unlimited entries in the Junior High races.

Fredericktown will be hosting an open meet on Monday, October 19th for any athlete not running in the district meet. High school only, distance will be 2 miles. Awards will be given at the finish. No team score. Boys at 4:30, girls at 5:00.

The course will be the same as the Denny Stevens Invitational in September.

Please bring your own water!!

Admission: \$5 per car

Questions,

Bob Geiger 740-504-6940, or rungeiger@yahoo.com