

2009

Portage Trail Conference - County Division



Super Duals

(hosted by Woodridge Local Schools)

Woodridge will be hosting the 2009 Super Duals for the Portage Trail Conference County Division on Tuesday, September 8th. We welcome all of our conference competitors to Woodridge Middle School.

The schedule is as follows:

- 4:15 Middle School Girls (unlimited entry)
- 4:45 Middle School Boys (unlimited entry)
- 5:15 High School Girls (unlimited entry)
- 5:55 High School Boys (unlimited entry)
- Please note...we will try to be flexible in hopes of allowing all teams ample time to warm up and prepare!

NOTES:

- Locker room facilities will not be available
- Light concessions will be offered
- Bathrooms will available
- Registration will be on baumspage.com (please try to enter only those kids that will compete). Please have **entries in by Saturday, September 5th at 8:00 pm.**
- Results will be posted on baumspage.com (we will do our best to get hard copies out that evening)
- Our middle school is located at 4451 Quick Road; Peninsula, OH 44264. It is across the street from our high school.
- The course will be fundamentally a 1-mile loop that will be run multiple times. This should make familiarizing runners with the course easier.