

MEMO

To: Cross-Country Coach  
From: Jeff Lanham, Meet Manager  
Ref: Southeast District Cross-Country Meet  
Date: September 29, 2009

The following is information concerning the Southeast District Cross-Country Meet held at the University of Rio Grande on October 24, 2009.

**REGIONAL QUALIFIERS:**

D-II Boys – East District Tournaments - 4 teams and individuals not on a qualifying team who finish in the first 16 places from each race advance to Regional at Pickerington.

West District Tournament - 4 teams and individuals not on a qualifying team who finish in the first 16 places from each race advance to Regional at Troy.

D-II Girls - One District Tournament. 4 teams and individuals not on a qualifying team who finish in the first 16 places.

D-III Boys - Two District Tournaments. 4 teams and individuals not on a qualifying team who finish in the first 16 places from each race.

D-III Girls - One District Tournament. 4 teams and individuals not on a qualifying team who finish in the first 16 places.

**Coaches Seed Meeting for Boys Div. III  
Sunday October 11<sup>th</sup>  
University of Rio Grande @ 4:00 p.m. in Lyne Center.**

- Race times for October 24, 2009 (Plan to arrive a minimum of one hour prior to the scheduled start of your race)

2:00 D III Boys - District #1 - Seed  
2:45 D III Boys - District #2 - Seed  
3:30 D III Girls  
4:15 D II Girls  
5:00 D II Boys - District #1 (East) - No Seed  
5:45 D II Boys - District #2 (West) - No Seed

- Bus parking will be in the Area Agency on Aging lot behind the Bob Evans Farm Hall parking lot.
- SEE – Online Entry Instructions
- Any questions or concerns please contact Jeff Lanham @ 740.245.7485 or 740.245.5350, or 740.441.5742 [jlhanham@rio.edu](mailto:jlhanham@rio.edu)