

Sycamore Junior High School

STONEBERGER CROSS COUNTRY INVITATIONAL

WHEN:

Thursday, September 13, 2018, 4:30pm

WHERE:

Weller Park in Montgomery and Good Shepherd Church 8832 Weller Road Montgomery, Ohio 45249

DIRECTIONS:

From I-75 or I-71:

Exit onto I-275 East. Proceed to Exit #50 (Montgomery-Morrow exit). Make left turn which will take you south on Montgomery Road. Go about 1/10 of a mile to stoplight at the McDonalds Restaurant (Weller Road). Turn left and proceed about 1/2 mile (2nd stop sign). Turn left & continue on Weller Rd. Weller Park will be on left about 3/4mi

Buses will drop off runners at Good Shepherd Church. Spectators will also park at Good Shepherd Church.

From I-275 West

Proceed to Exit # 50 (Montgomery-Morrow exit). Make a left turn which will take you south on Montgomery Road. Go about 1/10 of a mile to the stoplight at the McDonalds Restaurant (Weller Road). Turn left and proceed about 1/2 mile (2nd stop sign). Turn left and continue on Weller Rd. Weller Park will be on your left about 3/4 mile.

Buses will drop off runners at Good Shepherd Church. Spectators will also park at Good Shepherd Church.

COURSE: 2 miles, well-marked with flags and lining chalk

TEAMS: 6-10

RECORDS

| | | | | |
|------------------------------------|------------------------------|------------------------|-------|--------------|
| Overall Male Time | Ray Berling Contant Smith | Sycamore Middletown | 10:57 | 2011 2014 |
| Overall Female Time | Olivia Connaughton | Nagel | 11:57 | 2012 |
| 7th Grade Male | Miles Menyhart | Sycamore | 11:41 | 2011 |
| 7th Grade Female | Natalie Adkins | Mason | 12:04 | 2013 |
| 8th Grade Male | Ray Berling Contant Smith | Sycamore Middletown | 10:57 | 2011 2014 |
| 8th Grade Female | Olivia Connaughton | Nagel | 11:57 | 2012 |

ENTRY FEE: \$150.00 / School (Make checks payable: Sycamore Junior High Athletic Dept. and send to Sycamore Junior High School, 5757 Cooper Road, Cincinnati, OH 45242. ATTN: Athletic Director)

Awards:

Trophies: Top two teams
Plaques: Top three individuals
Medals: Places 4-15
Moisture wicking T-shirts: 1-15
Participation locker/fridge magnets to all finishers.

Entries / Timing / Results: We will use Running Time LLC (runningtime.net) along with CHIPTIMING. Results will be available at meet and on line. Rosters will be submitted through www.baumspage.com via Stoneberger Invitational (Link provided later)

RACE INFORMATION:

4:30: Girls 7th Grade Race, score top 5
4:55: Boys 7th Grade Race, score top 5
5:20: Girls 8th Grade Race, score top 5
5:45: Boys 8th Grade Race, score top 5
6:20: Team Award Presented, individual awards given at chute.

OTHER ITEMS:

Restrooms/Water: Please bring your own water. Restrooms are on site. Please refer to map for restroom locations.

Admission / Parking: Free.

Note: Please No Frisbees, soccer balls, footballs, or pets.

Concessions will be available.

Contact: Coach Meredith Hromadka (hromadkam@sycamoreschools.org)



