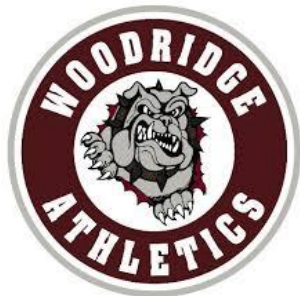


32nd Annual Woodridge Cross Country

CVNP Invitational



Saturday, September 30, 2017

Virginia Kendall Hills @ the Pine Hollow entrance

5465 Quick Road, Peninsula, OH 44264

(81° 31.845' W) (41° 12.726' N)

RACE SCHEDULE

8:00 am	Course Open for Inspection
9:30 am	Middle School Girls OPEN
10:00 am	Middle School Boys OPEN
10:30 am	Middle School Girls Team Race
11:00 am	Middle School Boys Team Race
11:30 am	Elementary FUN RUN
12:00 pm	High School Girls JV/OPEN
12:30 pm	High School Girls Varsity Race
1:00 pm	High School Boys JV/OPEN
1:30 pm	High School Boys Varsity Race



Team:

- High School Varsity Races
- High School Junior Varsity Races
- Middle School Varsity Races
- Middle School Open Races

Trophies for Champions and Runners Up
Trophy for Champions
Trophies for 1st, 2nd, and 3rd place teams
Trophy for Champions

Individual:

- High School Varsity Races
- High School JV/Open Races
- Middle School Varsity Races
- Middle School Open Races
- Elementary Fun Run

Top 20 will receive medals
Top 20 will receive medals
Top 30 will receive medals
Top 30 will receive medals
Ribbons for ALL participants



Sorry for any inconvenience,
but there is **No Parking**
allowed on roadsides as
defined by CVNP.



18th Annual Woodridge Elementary

Fun Run

- The event will take place at 11:30 am at the Pine Hollow entrance to the CVNP.
- All participants will receive a ribbon of completion and the top male and female finisher will get a shirt.
- Cost is FREE!! All kids below the 7th grade are encouraged to participate.
- Group stretching and walking of course will take place at 11:00 am.



Concessions

Located in front of the bathroom lodge just off the parking lot in Pine Hollow. We are selling burgers, hot dogs, pizza, Chick-fil-A, Jimmy's Backyard BBQ pulled pork, beverages & desserts.

A **separate stand** with for snacks, fresh fruit, veggies & beverages is on the side with T-shirt sales.

T-Shirts

\$13 - short sleeves

\$15 - long sleeves

Get yours soon as some sizes sell out quickly.

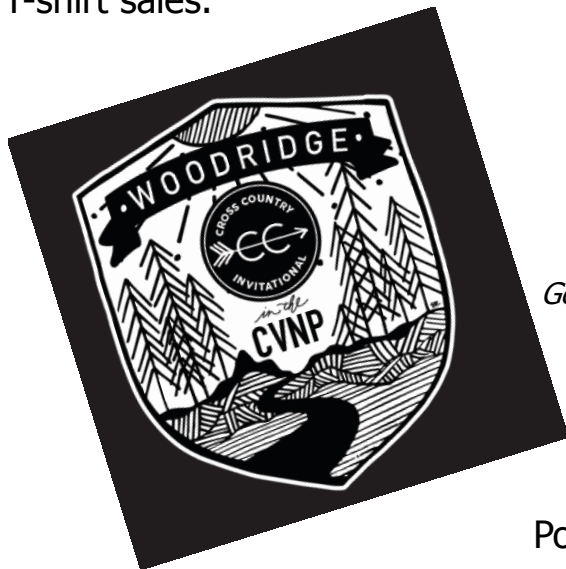
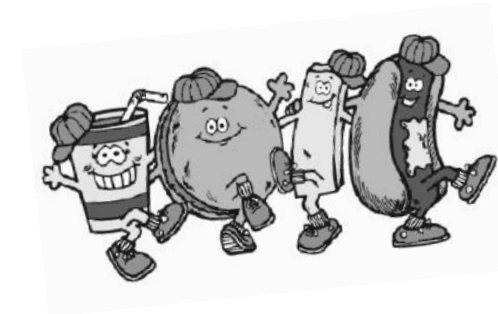
Restrooms

Portable restrooms are available at both ends of the Pine Hollow parking lot.



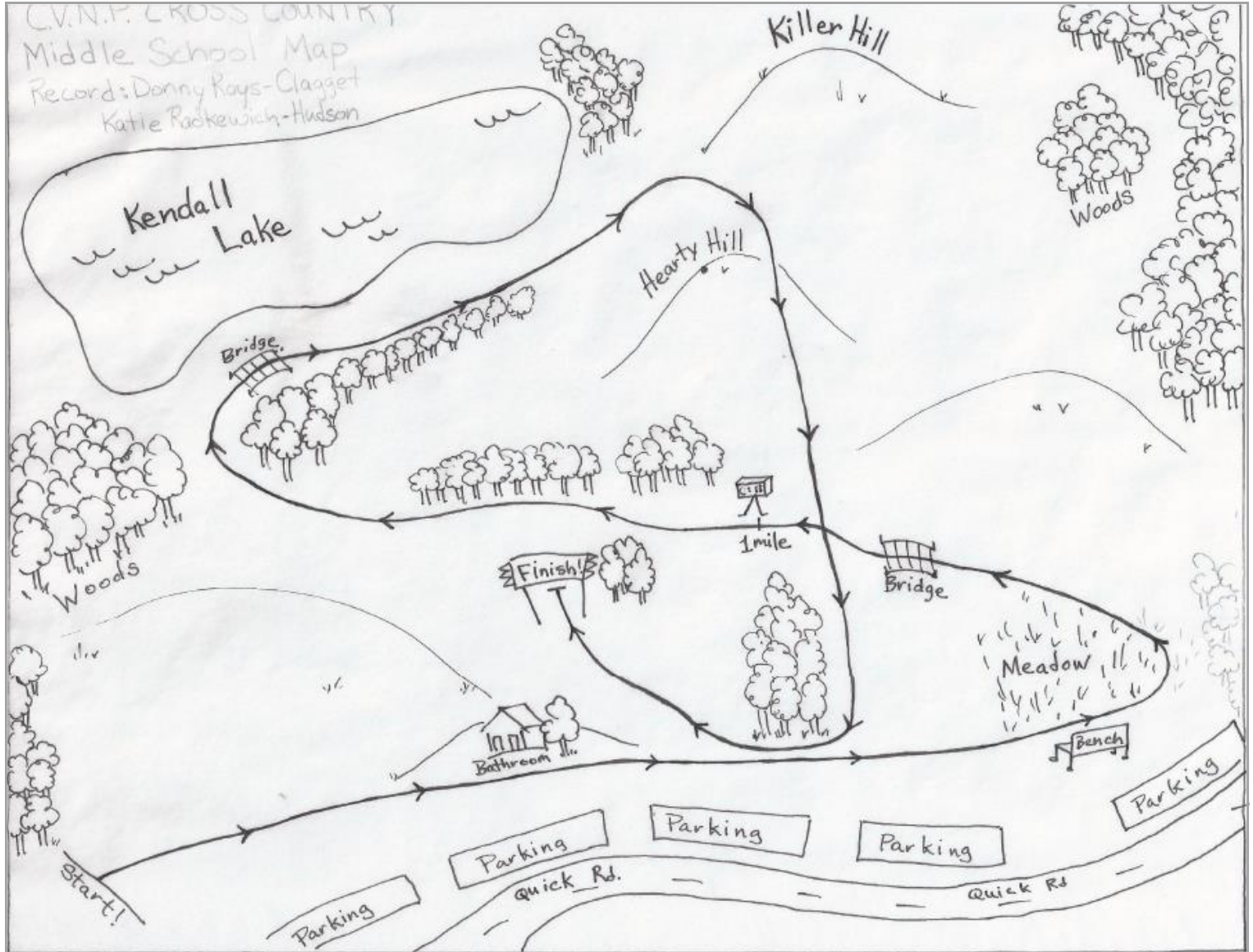
Please reserve the park restroom facilities for handicapped, parents, grandparents and toddlers.

PLEASE HELP
KEEP THIS
PARK CLEAN



PLEASE DO NOT WARM UP OR COOL DOWN
IN THE PARKING AREAS.
BE VERY CAREFUL IF ON THE ROADS.

Middle School Trail Map



Course Records: Middle School (3200 meters)

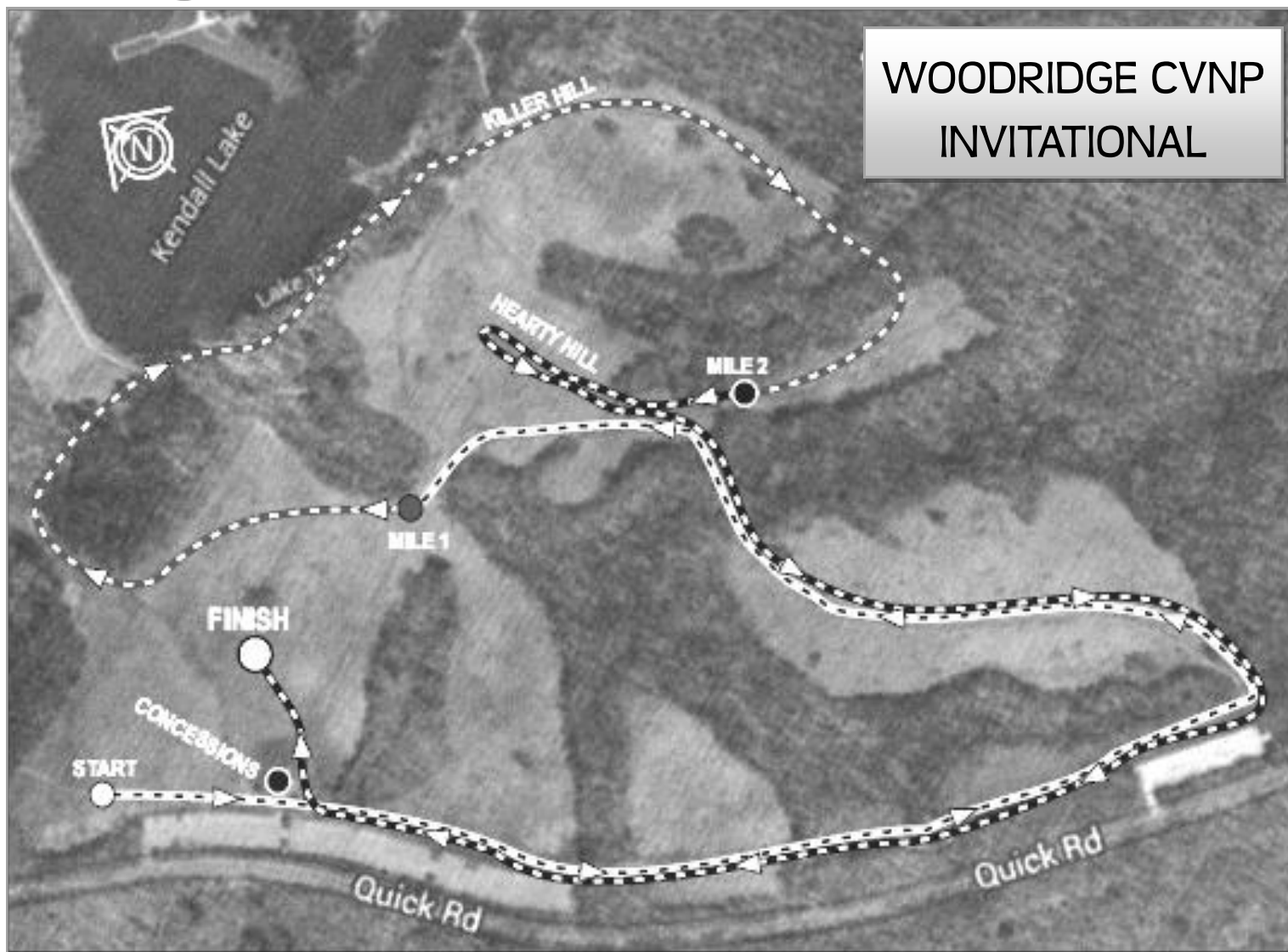
- Donny Roys (Medina Claggett) 10:37 (2004)
- Sammy Bockoven (CVCA) 12:33 (2010)



**HARDER
FASTER
STRONGER**
RUN AS ONE,
WORK AS A TEAM,
FINISH AS A FAMILY.

CC

High School Trail Map



WOODRIDGE CVNP
INVITATIONAL



High School Trail Map with elevation gain/loss information. (Estimated)

Course Records: High School (5000 meters)

- Michael Brajdic (Bay Village) 16:23 (2010)
- Bridgette Franek (Crestwood) 19:07 (2005)

Thank you from the
Woodridge Bulldogs
for joining us
today!