

OHSAA STATE WRESTLING INDIVIDUAL  
TOURNAMENT



WEIGH IN FOR MALE WRESTLERS IN AUX GYM

Beginning Thursday at 11:15AM male wrestlers weigh in at an appointed time below. Any male wrestler can weigh in after their appointed time. The Weigh in will finish at 12:15PM.

Time	Division	Scale 1	Scale 2	Scale 3	Scale 4	Scale 5
11:15AM	III	106	113	120	126	132
11:20AM	III	138	145	152	160	170
11:25AM	III	182	195	220	285	
11:30AM	II	106	113	120	126	132
11:35AM	II	138	145	152	160	170
11:40AM	II	182	195	220	285	
11:45AM	I	106	113	120	126	132
11:50AM	I	138	145	152	160	170
11:55AM	I	182	195	220	285	

WEIGH OUT FOR MALE WRESTLERS IN AUX GYM

Day	Divisions	Start	Finish
Friday	I/II/III	5:15PM	30 minutes after last match (Approximately 10:30PM)
Saturday	I/II/III	9AM	9:30AM

Friday's weigh out is first-come, first-serve. Championship SF's & Cons. Wrestlers can weigh out before or after wrestling. Any male wrestler who does not make weight F evening can weigh out again Saturday morning. Doors open Saturday at 8:30AM.

WEIGH IN FOR FEMALE WRESTLERS IN STAR ROOM D

Thursday at 10:45AM - 11:45AM female wrestlers will weigh in in Star Room D located on Arena Level, N. End. Room is located near the showers. F weigh out will be in the same room. Time will be coordinated by the wrestler's coach & Tournament Manager (see at Head Table). Scale kept in this room so female wrestler(s) can check their weight.

ALTERNATES (See OHSAA WR Program for Detailed Alternate Policy)

**Until an alternate replaces a qualifying wrestler on the bracket line, the alternate will not receive parking passes, tickets, & programs. Alternates WILL NOT WEIGH IN until the OHSAA Tournament Staff has communicated with the coach that a bracket line is now open.** Two dry erase boards will be located adjacent to the weigh in area & will post timely info regarding which weight classes with all 16 wrestlers have weighed in. The boards will also indicate if alternates are needed to replace a qualifying wrestler.

WEIGHT ALLOWANCES

**Scratch Weight plus 3 Pounds for Thursday.** Scratch Weight plus 4 Pounds for Friday Evening & Saturday Morning. Example: 106 pounds - Thursday weight = 109; Friday evening & Saturday morning weigh in for Sat. competition = 110. This includes 285. Minimum weight for 285 is 217. Maximum weight for 285 is 288 on Thursday & 289 on F & Sat.

OVER

WEIGH IN CARDS

They are in the school packet. A WRESTLER CANNOT WEIGH IN WITHOUT THE CARD. Once a wrestler has officially weighed in Thursday, his/her card will be kept. The card will be picked up Friday evening, just prior to weighing in, at a table located adjacent to the scales. (No card-see Rich Carpenter). Once the wrestler has made weight, the card will be kept by Tournament Personnel. Do not keep the card under any circumstances.

PHOTOS & VIDEO

Everyone is prohibited from taking photos and/or video in the Aux Gym Weigh in Room.

UNOFFICIAL WEIGH IN FOR MALE WRESTLERS IN THE AUX GYM

Scales will be open from 10AM - 11:05AM. Male wrestlers weigh in on the scale they will weigh in officially at their appointed time.

INJURED WRESTLERS

Wrestlers needing to see a MD to wrestle on F or Sat report to the training room (TR):

<u>DAY</u>	<u>DIVISION</u>	<u>TIME</u>	<u>LOCATION</u>
Fri	III	9:00AM	TR
	II	10:00AM	TR
	I	11:00AM	TR
Sat	Consolations	8:30AM	TR
	Championships	4:30PM	TR

NF RULES REGARDING THE WEIGH IN

Rule (4-2-1) will be strictly enforced.

WEIGH IN COMPLICATIONS

Wrestlers who don't adhere to rules regarding shave, hair or fingernails, or must be examined by a MD will have to wait until noon, Th. to weigh in a second time. KEEP YOUR WEIGH IN CARD AS YOU ARE NOT YET OFFICIALLY IN THE TOURNAMENT.

NEED TO CHECK THE WRESTLER'S WEIGHT

Scales are available during Sessions 1 - 4 in the Aux. Gym Weigh in Room.

ADDITIONAL INFORMATION

1. OHSAA State Tournaments Physicians decisions are FINAL.

CHECKLIST

1. Must have weigh in card
2. Check appointment schedule
3. Double check facial hair, hair and fingernails
4. Special skin or medical problems--see physician at Weigh in

STATE WEIGH IN CARDS

Wrestlers can get their Weigh in Cards in Section 118 Hallway Sat. after 11AM.

SPECIAL EQUIPMENT

Headgear, headwear, mouth pieces, & other special equipment will be checked at mat side, **NOT** during the weigh in.

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