

Division III Track and Field District Tournament
Wednesday May 20 and Friday May 22, 2009
Springfield Local High School
New Middletown, Oh 44442

Order of Events

A coaches meeting will be held at **3:45** on Wednesday, May 20

Wednesday

Field Events 4:00 pm

Boys Long Jump and Discus
Girls High Jump and Shot Put

Running Events 4:30 pm

Semifinals

100 Meter Hurdles Girls	8 Fastest Times to the Finals
110 Meter Hurdles Boys	8 Fastest Times to the Finals
100 Meter Dash Girls	8 Fastest Times to the Finals
100 Meter Dash Boys	8 Fastest Times to the Finals

Finals

4 x 800 Meter Relay Girls	Top 4 to Regional
4 x 800 Meter Relay Boys	Top 4 to Regional

Semifinals

4 x 200 Meter Relay Girls	8 Fastest Times to the Finals
4 x 200 Meter Relay Boys	8 Fastest Times to the Finals
1600 Meter Run Girls, Boys (If Necessary)	8 Fastest Times in each heat to the Finals
4 x 100 Meter Relay Girls	8 Fastest Times to the Finals
4 x 100 Meter Relay Boys	8 Fastest Times to the Finals
400 Meter Dash Girls	8 Fastest Times to the Finals
400 Meter Dash Boys	8 Fastest Times to the Finals
300 Meter Hurdles Girls	8 Fastest Times to the Finals
300 Meter Hurdles Boys	8 Fastest Times to the Finals
800 Meter Run Girls	8 Fastest Times in Each Heat to the Finals
800 Meter Run Boys	8 Fastest Times in Each Heat to the Finals
200 Meter Dash Girls	8 Fastest Times to the Finals
200 Meter Dash Boys	8 Fastest Times to the Finals
3200 Meter Run Girls, Boys (If Necessary)	8 Fastest Times in each heat to the Finals
4 x 400 Meter Relay Girls	8 Fastest Times to the Finals
4 x 400 Meter Relay Boys	8 Fastest Times to the Finals

* Special Time Regulations Apply

- **1)** The first semifinal heat of the girl's 4 x 100 relay may begin no earlier than 15 minutes after the beginning of the first semifinal heat of the girl's 4 x 200 meter relay.
- **2)** The first semifinal heat of the boy's 4 x 100 relay may begin no earlier than 15 minutes after the beginning of the boy's 4 x 200 relay.
- **3)** The first semifinal heat of the girl's 4 x 400 relay may begin no earlier than 20 minutes after the beginning of the first semifinal heat of the girl's 200 meter dash.
- **4)** The first semifinal heat of the boy's 4 x 400 relay may begin no earlier than 20 minutes after the beginning of the first semifinal heat of the boy's 200 meter dash.

Friday

Field Events 4:30 pm

Boys High Jump and Shot Put

Girls Long Jump and Discus

Running Events 5:00 pm

Finals

(4 Fastest in Each Event to Regional)

100 Meter Hurdles- Girls

110 Meter Hurdles- Boys

100 Meter Dash- Girls, Boys

4 x 200 Meter Relay- Girls, Boys

1600 Meter Run- Girls, Boys

4 x 100 Meter Relay- Girls, Boys

400 Meter Dash- Girls, Boys

300 Meter Hurdles- Girls, Boys

800 Meter Run- Girls, Boys

200 Meter Dash- Girls, Boys

3200 Meter Run- Girls, Boys

4 x 400 Meter Relay- Girls, Boys