



Southeast Ohio District  
Track and Field  
CHAMPIONSHIPS  
2009



Friday May 22<sup>nd</sup>, 2009

Field Events- Preliminary Trials and Final

5:00	Girls Discus	(Prelims: 2-1)	(Finals: 1-1-1)
	Boys Shot Put	(Prelims: 2-1)	(Finals: 1-1-1)
	Girls Long Jump	(Prelims: 1-1-1)	(Finals: 1-1-1)
	Boys High Jump		
	Girls Pole Vault		

Track Events – Rolling Schedule Finals

5:15	Girls	100m Hurdles (33")
	Boys	110m Hurdles (39")
	Girls	100m Dash
	Boys	100m Dash
	Girls	4 x 200 Relay
	Boys	4 x 200 Relay
	Girls	1600m Run
	Boys	1600m Run
	Girls	4 x 100m Relay
	Boys	4 x 100m Relay
	Girls	400m Dash
	Boys	400m Dash
	Girls	300m Hurdles (30")
	Boys	300m Hurdles (36")
	Girls	800m Run
	Boys	800m Run
	Girls	200m Dash
	Boys	200m Dash
	Girls	3200m Run
	Boys	3200m Run
	Girls	4 x 400m Relay
	Boy	4 x 400m Relay