

Scioto Valley Conference

MS Track and Field Championship May 5, 2023

Adena High School

Field Events 4:30 pm (Implement weigh in location TBA)

High Jump Girls followed by Boys

Pole Vault Girls followed by Boys

Long Jump Boys followed by Girls

Shot Put Boys followed by Girls

Discus Girls followed by Boys

Running Events 5:30 pm All events are girls followed by boys, no events will run together.

4x800m Relay

100m Hurdles/110m Hurdles

100m

4x200m Relay

1600m

4x100m Relay

400m

200m Hurdles

800m

200m*

4x400m Relay

- Twenty minutes from the beginning of the girls 200m to the start of the first heat of the girls 4x400m Relay is observed if the same athletes are competing both. (OHSAA recommendation for MS 2023)