



# Bay High School

29230 Wolf Rd

Phone: (440) 617-7406

Athletic Director: Matt Spellman

Athletic Director Secretary: Keri Altieri

Dear Athletic Directors & Coaches,

We are pleased that you will be attending the First Annual Bay Rocket Invitational. The event will be held at Bay Memorial Stadium on Saturday, April 14, 2018. Due to ACT testing, the meet will begin at 1 pm with the field events and 1:30 pm with running events. The entry fee for the meet will be \$150 per team (\$300 per school). It should be paid prior to the day of the meet. Please make checks out to Bay Athletic Department.

**Entries will be made on Baumspage under Bay Rockets Invitational. You can begin entering your team as of today. The window closes on Thursday, April 12 at 8 pm. Substitutions and scratches will take place when you arrive to the meet. You will be allowed 2 entries per event. You may enter only 1 relay team.**

The schools participating are Bay, Columbia, Field, Garfield Heights, Magnificat, Padua, Revere, St. Edward "B", St. Joseph Academy, and Westlake. Please instruct your buses to drop off the teams in front of Bay Memorial Stadium. Once they drop off the athletes, they can circle back around in the parking lot and line up parallel to the sidewalk running from Bay High School to the stadium. Packets will be available in the pavilion as you enter the stadium.

Thank you and we look forward to hosting this meet!

Matt Spellman  
Athletic Director



## Coaches Meeting will be at 12:30pm in the Press Box

Winners of each event will receive a T-shirt and a 1<sup>st</sup> place ribbon, while 2<sup>nd</sup>- 8th places will receive ribbons. Please retrieve your Champion shirts and ribbons at the end of the meet in the press box. Trophies will be awarded to the 1<sup>st</sup> and 2<sup>nd</sup> place teams for Boys' and Girls' teams at the conclusion of the meet.

### Points of Interest:

1. All participants are required to wear  $\frac{1}{4}$ " or  $\frac{1}{8}$ " spikes or flats.
2. Participants should wear school issued uniforms.
3. Shot put, discus, and long jump will have 3 attempts and 3 final attempts. Top 9 will move to the finals.
4. Scoring will be as follows: 10-8-6-5-4-3-2-1.
5. High jump & long jump are located at the south end of the track, while pole vault is on the north end of the track. Shot put is located in the south end of the stadium while discus will be contested just outside the main gate and east of the pond. Please see the map.
6. 4 x 100 meter Relay exchange zones are yellow.
7. 4 x 200 meter Relay exchange zones are red.
8. 4 x 400 meter Relay exchange zone is red, then blue;  
4 x 800 meter Relay exchange zones are blue.
9. Hurdle marks for 100/110 are yellow/blue and red for the 300 Hurdles.
10. Please make marks for exchange zones and field events with tennis balls. NO chalk or tape will be permitted on the track or runways.
11. Those advancing to the finals will be the top individual runner in each heat and then the next 6 fastest times.

Admission will be \$7 for adults and \$5 for students. A concession stand will be open with a variety of items.

Please call the Bay Athletic Department at (440) 617-7406 with any questions.



## **2018 Bay Rocket Invitational Events Schedule**

### **Field Events starting at 1:00 pm**

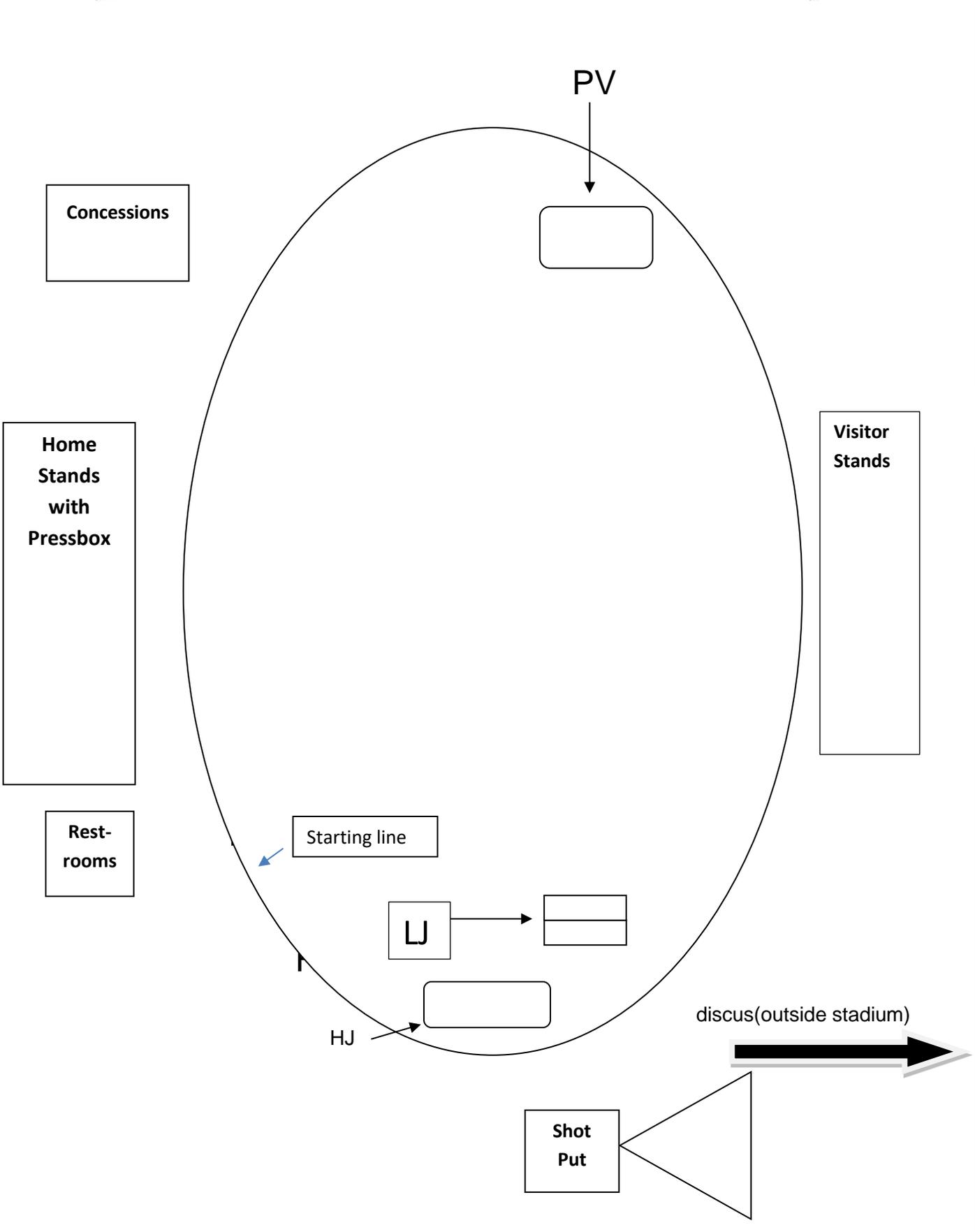
Boys Discus (Girls to follow)  
Girls Shot Put (Boys to follow)  
Boys High Jump (Girls to follow) Starting Heights will be 4' and 5'  
Girls Long Jump (Boys to follow)  
Girls Pole Vault (Boys to follow) Starting Heights will be 6' and 9'

### **Running Prelims starting at 1:30 pm**

100/110 Hurdles  
100 M Dash  
4 x 800 meter Relay (FINAL)  
200 M Dash

### **Finals will begin at 2:30 pm**

Girls 100 Meter Hurdles  
Boys 110 Meter Hurdles  
Girls 100 M Dash  
Boys 100 M Dash  
Girls 4 x 200 meter Relay  
Boys 4 x 200 meter Relay  
Girls 1600 meter Run  
Boys 1600 meter Run  
Girls 4 x 100 meter Relay  
Boys 4 x 100 meter Relay  
Girls 400 meter Dash  
Boys 400 meter Dash  
Girls 300 meter Hurdles  
Boys 300 meter Hurdles  
Girls 800 meter Run  
Boys 800 meter Run  
Girls 200 meter Dash  
Boys 200 meter Dash  
Girls 3200 meter Run  
Boys 3200 meter Run  
Girls 4 x 400 meter Relay  
Boys 4 x 400 meter Relay



PV

Concessions

Home Stands with Pressbox

Rest-rooms

Starting line

LJ

HJ

Shot Put

Visitor Stands

discus(outside stadium)