

# Chardon

## Track & Field

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### **Achilles Hilltopper Invitational** **15th Annual Meet** **Saturday, April 21, 2017** **9:00 a.m.**

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Please note the following information:

- All entries are due by Friday, April 20th before 12:00 pm.
- There will be a coaches' meeting at 8:30 a.m. in the high school cafeteria. You may only scratch and replace at that time. No events will be re-seeded unless scratches permit a reduction in the number of heats.
- Please be sure that your school has paid its entry fee - \$250 (boys & girls)/ \$125 (one team) prior to April 21.

Checks should be made payable to: Chardon Board of Education

#### PARTICIPATING TEAMS:

Berkshire  
Chardon  
Geneva  
Mayfield-Pd.  
Mentor  
Perry  
South-Pd



# Order of Events

## 9:00 A.M. FIELD EVENTS

Boys' Shot                      Boys' Long Jump  
Girls' Discus                      Girls High Jump\*                      Girls' Pole Vault

- All throws and the long jump will be contested with semi-finals (3 attempts) and finals (3 attempts) with all marks counting towards results.
- The long jumps will be run open pit. Girls may begin their warm-up upon completion of the boys' final.
- The high jump will use the 5-alive rotation.  
Girls heights: 4, 4-3, 4-6, 4-8, 4-10, 5-0, 5-1, then by 1" increments.  
Boys heights: 5, 5-3, 5-6, 5-8, 5-10, 6-0, 6-1, then by 1" increments.
- Pole vault progressions:  
Girls heights: 7, 7-6, 8, 8-6, 9, 9-6, 10 then by 3" increments  
Boys heights: 8, 9, 10, 10-6, 11, 11-6, 12, 12-6, then by 3" increments

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## 10:30 A.M. RUNNING EVENTS SEMI-FINALS

Girls' 100m Hurdles  
Boys' 110m Hurdles

### **Girls 4x800 Relay**

Girls' 100m Dash  
Boys' 100m Dash

### **Boys 4 x 800m Relay**

Girls' 200m Dash  
Boys' 200m Dash

The winner from each heat, plus the next # fastest times to fill all 8 lanes will advance to the finals. In the event of a tie to advance to the finals, a run-off will be contested no earlier than 10 minutes from the conclusion of the semi-final.

**Memorial** – There will be a pause after the semifinals before we begin finals. During this time, we will honor two of our athletes who died in an automobile accident at the end of last season and Coach Bartley's son who passed away last summer after a life-long battle with Dravet syndrome.

# Order of Events

## Running Events Finals

The girls' events will go first, then the boys.

100m /110m Hurdles  
100m Dash  
800m Relay  
1600 Run  
400m Relay  
400m Dash\*  
300m Hurdles\*  
800m Run\*  
200m Dash  
3200m Run  
1600m Relay

\*Events with multiple heats, fastest heat last...

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## **Awards**

Team Champion & Team Runner-Up trophies will be awarded to the top 2 boys' teams & the top 2 girls' teams.

Medals to top 3 finishers in each event, and ribbons to places 4-8.

*Please pick up your awards before you leave. They will be assembled and packaged for you as the meet proceeds*

**Event winners will also receive a custom shirt courtesy of Achilles Running Shop.**

## Rules and Regulations

- **All entries will be done on-line at [www.baumspage.com](http://www.baumspage.com) no later than FRIDAY, April 20 by 12:00 NOON.** Please use seed times that best reflect the expected performances your athletes the day of competition.
- All scratches & substitutions will take place at the coaches' meeting at 8:30 a.m. the morning of the meet. There will be no substitutions, other than in relays, after this meeting. All substituted athletes must be on your roster at Baumspage.
- Each team may enter up to 3 athletes into each individual event.
- Entries for semi-finals will be assigned with fastest times distributed equally among the heats. The 300m hurdles, 400m, & 800m will be assigned with slowest entry times in the first heat to the fastest entry times in the last heat. *Note: These heats will not be re-seeded based on scratches unless the number of heats can be reduced. We will use scratch & replace only.*
- Track is a 5/8" urethane surface. Only 1/4" spikes or less will be permitted.
- Shot, discus, and long jump competition will consist of semi-finals (3 attempts) and finals (3 attempts). All marks will count towards final results.
- Weigh-ins for throwing events should be done between 8:00 am and 8:45 am.
- Team scoring will be 8 places: 10-8-6-5-4-3-2-1
- Tickets for this event will be \$6 (Adults) and \$4 (Students).
- Final results will be posted at [www.baumspage.com](http://www.baumspage.com).
- Concessions will be available throughout the day. There will be a hospitality room for coaches, officials, and adult volunteers in the school cafeteria. No athletes should be in this area.
- **All buses should drop their teams off and park in the student parking lot next to Maple Elementary School.** This parking lot is across the street from the high school next to the swimming pool.

**THE CHARDON ATHLETIC DEPT. WOULD LIKE TO  
THANK YOU FOR PARTICIPATING IN OUR  
INVITATIONAL. WE SINCERELY HOPE THAT YOU  
AND YOUR TEAM ENJOY THE MEET.**