

MENTOR HIGH SCHOOL
MENTOR CARDINAL RELAYS
SATURDAY, April 28th , 2018

SCHEDULE OF EVENTS

9:00 AM

ALL FIELD EVENTS

Men's Pole Vault	(Second)	Women's Pole Vault	(First)
Men's Discus	(First)	Women's Discus	(Second)
Men's Shot Put	(Second)	Women's Shot Put	(First)
Men's High Jump	(Second)	Women's High Jump	(First)
Men's Long Jump	(First)	Women's Long Jump	(Second)

Shot, discus and long jump will consist of 4 attempts by each contestant. All attempts are final.

10:00 AM

3200 Meter Run – Women	Finals
3200 Meter Run – Men	Finals
100 Meter Low Hurdles – Women	Prelim
110 Meter High Hurdles – Men	Prelim
100 Meter Dash – Women	Prelim
100 Meter Dash – Men	Prelim

FINALS

- 4 x 1600 Meter Relay – Women
- 4 x 1600 Meter Relay – Men

12:00 PM

FINALS

- 100 Meter Low Hurdles – Women
- 110 Meter High Hurdles – Men
- 100 Meter Dash – Women
- 100 Meter Dash – Men
- 4x800 Meter Relay – Women
- 4x800 Meter Relay – Men
- 800 Meter Sprint Medley – Women
- 800 Meter Sprint Medley – Men
- 1600 Meter Run – Women
- 1600 Meter Run – Men
- 4x100 Meter Relay – Women
- 4x100 Meter Relay – Men
- Distance Medley – Women
- Distance Medley – Men
- 4x200 Meter Relay – Women
- 4x200 Meter Relay – Men
- 300 Meter Hurdles – Women
- 300 Meter Hurdles – Men
- 4x400 Meter Relay – Women
- 4x400 Meter Relay – Men