



ODCS 5th Annual Patriot Track & Field Invite

**Midview High School Stadium and Track
Saturday, May 12th, 2018**

Coaches and Athletic Directors:

The 5th Annual ODCS Track and Field Invite will be held on **Saturday, May 12th, 2018**, at Midview High School. This invite is designed for those independent high schools that are not a part of a conference or league meet. (JV or "B" Teams are also welcome to attend). This is a great way for your athletes to have an end of season invite and prepare for the OHSAA postseason.

Entry Fee:

- \$125 for one team or \$200 for both boys and girls team; \$25 for individual runners
- Checks should be made payable to Open Door Christian Schools and mailed to 8287 W. Ridge Rd., Elyria 44035. Checks can be sent in return with this letter.
- **Payment is due by May 7th**

Additional Information:

- **Please email Bryce Johnson bjohnson@odcs.org with any questions**
- **Please return this form to ODCS on or before May 10th for participation**
- Schedule of events, etc is available on baumspage

Name of School:

Boy's Coach (If bringing a boys team)

Email

Cell

Girl's Coach (if bringing a girls team)

Email

Cell

Contact: Bryce
Johnson

bjohnson@odcs.org

Phone: (440)-326-2361 Fax: (440) 284-6033

Open Door Christian Schools 8287 West Ridge Rd. Elyria, OH 44035

Admission: \$5.00 for EVERYONE. Please make sure all families are aware of the admission.

Coaches Meeting: 9:00am at the start/finish line

Time: 9:30am - Field Events

Men: High Jump, Discus, Long Jump

Women: Shot, Long Jump

Men's Shot will follow women and women's discus and high jump will follow men

Long Jump will be open pit

No Pole Vault

10:45am – National Anthem, Prayer

11:00am – Running Events

4x800

110H

100

4x200

1600

4x100

400

300H

800

200

3200

4x400

Awards: Plaque or trophy for 1st & 2nd Place Teams, both boys and girls

Individual Medals for 1st Place

Ribbons for 2nd - 6th Place

Schools: TBD

Entry Limit: Each school will be permitted to enter two athletes per running event, one relay team per relay, and **three** athletes per field event.

Entries: All entries will be completed at www.baumspage.com under “Open Door Christian 5th Annual Track & Field Invitational”. Baum's Page instructions are included in this email.

The window will open Thursday, April 26th, and will close Thursday, May 10th, at 12 noon
NO EXCEPTIONS. Scratches will be done at the starting line.

Misc.: High Jump will start at 4' for women, 5' for men, then go up by 2". Scoring will be 10-8-6-5-4-3-2-1 ¼" or smaller spike.

All races will be run out of the bullpen except the 300H and 200M. No tape or chalk for marking, half tennis balls only.

Athletes not competing in the current or next race are **not** permitted in the infield unless they are competing in high jump. Spectators are **not** permitted in the infield.