

OVAC TRACK FORMAT

Effective 2018 - 2019

OVAC TRACK DIRECTORS:

COMMISSIONER:

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CHAIRMAN EMERITUS:

Donna Joseph
3822 Highland Avenue
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ST. CLAIRSVILLE SITE:

Kelly Rine
14 Byrd Avenue
Wheeling, WV 26003

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SITE INFORMATION:

Red Devil Stadium
100 Fair Street
St. Clairsville, OH 43950

2019 CHAMPIONSHIP DATE:

Saturday, May 4, 2019

St. Clairsville High School

Qualifying Dates/Locations:

All-qualifying/championship meets will be held at St. Clairsville High School

1A-2A, 3A: Monday, April 29, 2019

4A, 5A: Tuesday, April 30, 2019

MAKE-UP DATES (If needed for weather)

Wednesday, May 1

Thursday, May 2

FIELD EVENTS START AT 2:30PM
TRACK EVENTS START AT 4:00PM

FUTURE DATES:

April 27, 2020: 4A, 5A Qualifying

April 28, 2020: 1A-2A, 3A Qualifying

May 2, 2020: Championship

April 26, 2021: 1A-2A, 3A Qualifying

April 27, 2021: 4A, 5A Qualifying

May 1, 2021: Championship

May 2, 2022: 4A, 5A Qualifying

May 3, 2022: 1A-2A, 3A Qualifying

May 7, 2022: Championship

May 1, 2023: 1A-2A, 3A Qualifying

May 2, 2023: 4A, 5A Qualifying

May 6, 2023: Championship

FIELD EVENTS START AT 2:30PM
TRACK EVENTS START AT 4:00PM

MANDATORY MEETING:

There will be no mandatory meeting for track. All necessary materials will be e-mailed to the head coaches the **first Monday of March**. It is **IMPERATIVE** that all coaches see that their e-mails are correct on the website and that they have established user names and passwords.

1. There will be four (4) class championships for boys and four (4) class championships for girls. A runner-up plaque will also be given to each school finishing second in each class.

2. Each school will compete in the class assigned to it by the OVAC.

3. The rules used for the OVAC track meet include National Federation Rules, Ohio and West Virginia State Regulations, and OVAC Regulations. **OHIO RULES WILL BE IN EFFECT, ESPECIALLY CONCERNING UNIFORMS, unless otherwise noted.** All other aspects of the meet not covered by the rules will be determined by the games committee, made up of the meet manager, the meet referee, and the track committee.

4. **No scoring will be done or awards presented at the qualifying meets.**

Individually, at the Championship Meet, the top three (3) finishers in each class in each event will receive a medal.

In addition, the overall champion will receive an overall champion medal for his/her finish in each event.

The top scoring team in each class will receive the OVAC Championship Trophy.

5. The entry fee shall be \$60.00 per team. If a school enters BOTH a boys' AND a girls' team, their combined entry fee shall be \$120.00. This covers the cost of both the Qualifying and the Championship Meets.

For purposes of this rule, one (1) or more entrants is considered a team.

Checks should be made out to the OVAC and mailed to the Director, unless they were paid for at the beginning of the year.

ENTRY FEES MUST BE PAID BEFORE THE FIRST EVENT OR THAT SCHOOL WILL NOT BE PERMITTED TO COMPETE.

6. The OVAC track committee shall be responsible through its appointed meet directors for the operation of the qualifying and championship meets.

7. A fully automatic timing system **MUST** be used for both qualifying and championship meets.

8. The admission fee for the qualifying and championship meets for 2019 will be as follows:

ADULTS: \$6.00

STUDENTS: \$4.00

ONLY OVAC PASSES WILL BE HONORED.

UPDATED: 05.20.2018

**ENTRY DEADLINE
ON BAUM'S PAGE
IS FRIDAY,
APRIL 26, 2019,
AT 9:00PM.
TEAMS NOT
ENTERED BY THE
DEADLINE
WILL NOT BE
ABLE TO
COMPETE.**

OVAC TRACK COMMITTEE

1. The OVAC track committee shall consist of the following:

- A. Commissioner;
- B. Chairman;
- C. Site Manager;
- D. Track representatives;
- E. Referee;
- F. Four (4) officials and/or meet referees;
- G. Meet director;
- H. Media representative.

2. Vacancies that occur will be filled by the committee.

3. Removal will be made as deemed necessary by the committee. (Examples: lack of attendance at meetings, lack of overall concern for Conference and/or sport, etc.)

4. All members will have a vote.

5. Concerns of Conference coaches should be addressed to the track representative. The track representative will then present said concern to the committee for its consideration. This should be done as soon as possible following the annual championships and prior to the committee's annual format meeting.

FUTURE COMMITTEE DATES

- 2019
Format Meeting, May 19, 2019
- 2020
Format Meeting, May 24, 2020
- 2021
Format Meeting, May 23, 2021
- 2022
Format Meeting, May 22, 2022
- 2023
Format Meeting, May 21, 2023

OVAC TRACK COMMITTEE

COMMISSIONER:

Dugan Hill, Caldwell

CHAIRMAN EMERITUS:

Donna Joseph, Shadyside

SITE MANAGER:

Kelly Rine, St. Clairsville

REPRESENTATIVES:

Steve Blinco, Morgantown High School
Jenna Coyne, Shadyside High School
Jeff Lewis, Weir High School
Dylan Rogers, Barnesville
Dr. Suzanne Govey-Allen, Steubenville High School
Bob Stanko, Steubenville Catholic High School
Shawn Valloric, Bellaire High School

MEET REFEREE:

Jerry Narcisi, Shadyside

OFFICIALS:

Dirk Fitch, Martins Ferry
Rich Skrabak, St. Clairsville
Jeff Turner, Wheeling
Ron White, Wheeling

MEET DIRECTOR:

Ben Frye

MEDIA REPRESENTATIVE:

Seth Staskey, *Times Leader*

2019 OVAC CAL GIFFIN TRACK AND FIELD QUALIFYING MEETS

RUNNING EVENTS

1. 100, 200, high hurdles: the four (4) fastest times from each class move on to Saturday. Each event will be run only once. No hot heat.

2. 300 hurdles, 400: the four (4) fastest times from each class move on to Saturday. No hot heat.

3. 800, 1600, 3200: One heat of each will be run with the top four (4) in each event qualifying for the finals on Saturday.

4. Relays will qualify the top four (4) times from each class in each event to the finals on Saturday.

5. Based upon the number of entries, the referee will have the discretion to run one combined race for multiple classes.

FIELD EVENTS

1. Long jump, discus, shot put: There will be a total of four (4) jumps and four (4) throws. The top four (4) from each class in each event will qualify for the finals on Saturday. Best jumps and throws DO NOT CARRY OVER to the finals. If there is a tie for fourth place, the next best throw/jump will decide the qualifying spot.

#Throwing implements shall be checked in and inspected by the designated official no later than FIFTEEN (15) minutes before the start (2:15PM). The pole vault should be checked in at the pole vault site no later than THIRTY (30) minutes before the start (2:00PM).

2. High jump, pole vault: The top four (4) in each event will qualify for the finals on Saturday. If there is a tie for fourth place, there will be a jump off for the qualifying spot.

3. All field events will start fresh on the final day. No height or distance will carry over.

4. Minimum Starting Heights

	Boys	Girls
High Jump	5'0"	4'0"
Pole Vault	9'0"	7'0"

5. Minimum Measured Distances

(After First Attempt)

	Boys	Girls
Shot Put	35'0"	25'0"
Discus	100'0"	70'0"
Long Jump	10'0"	10'0"

**RESULTS of all events will
be posted on
stcathletics.com.**



OVAC Cal Giffin Qualifying Track Meet Schedule



FIELD EVENTS

2:30PM

1st Session

Boys Discus	4 Throws
Girls High Jump	
Boys Long Jump	4 Jumps
Girls Shot Put	4 Throws
Boys Pole Vault	

2nd Session

Girls Discus	4 Throws
Boys High Jump	
Girls Long Jump	4 Jumps
Boys Shot Put	4 Throws

Girls Pole Vault

SMALL CLASSES COMPETE FIRST

RUNNING EVENTS

4:00 PM

4 X 800 Meter Relay
100/110 Meter High Hurdles
100 Meter Dash
4 X 200 Meter Relay
1600 Meter Run
4 X 100 Meter Relay
400 Meter Dash
300 Meter Low/ Intermediate Hurdles
800 Meter Run
200 Meter Dash
3200 Meter Run
Shuttle Hurdle Relay
4 X 400 Meter Relay

SMALL CLASSES COMPETE FIRST

GIRLS COMPETE FIRST

**2019 OVAC TRACK AND FIELD
CHAMPIONSHIP MEET
All Classes, boys and girls**

St. Clairsville High School
Saturday, May 4, 2019

Field Events: 10:00AM#

Running Events: 12:00PM

RUNNING EVENTS

1. 100, 200, 400, high hurdles, 300 hurdles, 4x100, 4x200, and 4x400 will have two (2) heats running against time. There will be a hot heat in each event, run last.

2. 800, 1600, 3200 and 4x800 will have one (1) heat.

3. Shuttle hurdle relays will have four (4) heats running against time with one (1) hot heat.

4. **Athletes MUST HAVE RELAY CARDS turned in to clerk when they report.**

5. All **SCRATCH SHEETS** must be turned in by 11:30AM. This will assist the officials in placing the appropriate number of competitors in the hot heat.

FIELD EVENTS

1. Discus, long jump, and shot put finals will have four (4) throws and/or four (4) jumps.

2. If field events do not start due to weather, they will not score.

3. If competition in any field event has started and must be halted due to weather conditions, the referee will make any scoring determination.

#Throwing implements shall be checked in and inspected by the designated official no later than FIFTEEN (15) minutes before the start (9:45AM). The pole vault should be checked in at the pole vault site no later than THIRTY (30) minutes before the start (9:30AM).

SCORING

1st place = 10 points

2nd place = 8 points

3rd place = 6 points

4th place = 4 points

AWARDS

The first three (3) places in each class will receive medals. In addition, the overall champion in each event regardless of class will receive a medal. Team class champions will receive a championship trophy at the meet.

RECORDS

In addition to class records, there will be separate championship meet records. Class records can be established during the qualifying meets or the championship meet (regardless of place).

ALL-CONFERENCE

All-Conference recognition will be awarded to those athletes who finish first in each event in each class.

HIGH POINT SCORER

The Butch and Donna Joseph High Point Scorer Award will be given to one male and one female athlete in the field events and in the track events.

**RESULTS of all events will
be posted on
stcathletics.com.**



OVAC Cal Giffin Championship Track Meet Schedule



FIELD EVENTS

10:00 AM

1st Session

Boys Discus	4 Throws
Girls High Jump	
Boys Long Jump	4 Jumps
Girls Shot Put	4 Throws
Boys Pole Vault	

2nd Session

Girls Discus	4 Throws
Boys High Jump	
Girls Long Jump	4 Jumps
Boys Shot Put	4 Throws
Girls Pole Vault	

RUNNING EVENTS

12:00 PM

4 X 800 Meter Relay	1 Heat	Girls
4 X 800 Meter Relay	1 Heat	Boys
100 Meter High Hurdles	2 Heats	Girls
110 Meter High Hurdles	2 Heats	Boys
100 Meter Dash	2 Heats	Girls
100 Meter Dash	2 Heats	Boys
4 X 200 Meter Relay	2 Heats	Girls
4 X 200 Meter Relay	2 Heats	Boys
1600 Meter Run	1 Heat	Girls
1600 Meter Run	1 Heat	Boys
4 X 100 Meter Relay	2 Heats	Girls
4 X 100 Meter Relay	2 Heats	Boys
400 Meter Dash	2 Heats	Girls
400 Meter Dash	2 Heats	Boys
300 Meter Low Hurdles	2 Heats	Girls
300 Meter Intermediate Hurdles	2 Heats	Boys
800 Meter Run	1 Heat	Girls
800 Meter Run	1 Heat	Boys
200 Meter Dash	2 Heats	Girls
200 Meter Dash	2 Heats	Boys
3200 Meter Run	1 Heat	Girls
3200 Meter Run	1 Heat	Boys
Shuttle Hurdle Relay	4 Heats	Girls
Shuttle Hurdle Relay	4 Heats	Boys
4 X 400 Meter Relay	2 Heats	Girls
4 X 400 Meter Relay	2 Heats	Boys