

# SANDUSKY BAY CONFERENCE TRACK MEET

LOWELL SHAFFER MEMORIAL TRACK @THE BELLEVUE H.S. ATHLETIC FACILITY

**TUESDAY, MAY 8, 2018 (Lake & River Divisions only)**

Field Events 4:00 p.m. / Running Events 5:00 p.m.

**FRIDAY, MAY 11, 2018 (Lake, Bay, & River Divisions)**

Field Events 3:00 p.m. / Running Finals 4:00 p.m.

1. **All entries** will be done online via Baum's Page using [www.baumspage.com](http://www.baumspage.com). Please visit the Baum's Page website to familiarize yourself with how the entry process works. The entry window is currently open until May 6. **The on-line entry window will close at 7:00 p.m. on Sunday, May 6.** Late scratches can be entered on baumspage.com until Monday, May 7 up to 9:00 p.m. Any emergency scratches on Tuesday, May 8 need to be done at the finish line as you arrive.
2. **Team drop off & Bus Parking:** Will be at the north entrance of the stadium/track area off of Aigler Blvd., which is off of Northwest Street. **All bus parking will be in this area. Please refer to the map provided.** The north parking lot is right next to our discus event area. All athletes will enter through the north ticket gate. Please call if questions.
3. **TEAM AREAS/CAMPS:** Teams may set up their camps in the grassy areas on the north or southwest ends of our stadium outside the fenced in track area. CAMP AREAS will be marked off so please make room for other teams. NO CAMPS will be allowed in the infield turfed area inside the track. NO CAMPS will be allowed underneath the home stadium bleachers. NO CAMPS will be allowed in the stands.
4. **BULLPEN/CHECK IN:** For all running events will be at the north end of the track/stadium by the starting line for the 100 M. Dash and 110/100 M. Hurdles.
5. The running track is latex. Flats or shoes with a maximum of 1/4" are permitted on this surface.
6. Contestants must wear school issued uniforms with school issued numbers. We will follow the National Federation Rules for tights and undershirts, especially the relay teams. There is to be no lettering on undershirts. Please follow the rules on maximum number of logos.
7. **SHOT & DISCUS:** 3 throws in preliminaries; top 9 go to the finals; 3 throws in the finals; all 6 throws count in the final results. ***Implement weigh-ins will be just inside the field house and will be weighed in from 2:55-3:30 p.m. (on Tuesday) and 1:55-2:30 p.m. (on Friday) as you arrive.***
8. **JUMPS:**
  - a) **Long Jump:** Tuesday, May 8. Open pit for prelims & finals from 4:00-5:00 p.m. for girls.  
(Lake Div.) Open pit for prelims & finals from 5:00-6:00 p.m. for boys.
  - Friday, May 11 Open pit for prelims & finals from 3:00 -4:00 p.m. for girls  
(River Div.) Open pit for prelims & finals from 4:00-5:00 p.m. for boys.

(Finals will be run at the conclusion of the prelim jumps for each the girls & boys)  
(3 jumps in prelims; top 9 advance to finals for 3 more jumps; all 6 jumps count in final results)

  - b) **Pole Vault:** Boys will start at 9' and 6" until 12'. At 12' the bar will be moved by agreement of the remaining contestants. Continuing flights (5 alive) will be used. Girls will start at 6' until 9'. At 9' the bar will be moved by the agreement of the remaining contestants. Continuing flights (5 alive) will be used. (Boys can start while girls are vaulting)

**Pole Check-in: Tuesday, May 8 (River Div. girls & boys) 3:00-3:45p.m. @event site.**  
**Friday, May 11 (Lake Div. girls & boys) 2:00-2:45p.m. @event site.**

- c) High Jump:** Will start at 4' 2" for girls and 5' 2" for boys, and moves in 2" increments until completion. Continuing flights (5 alive) will be used.  
(Boys will jump after completion of girls jumps)

9. The 400 relay exchange colors are all yellow. The 800 relay exchange colors are red, red, and yellow.
10. The 3200 relay will be staggered for two curves.
11. The 1600 relay will be staggered the first three turns.
12. The 400 and 300 hurdles will be run in two sections with the fast section last.
13. The 800 will be run from a two-turn stagger.
14. The 1600 and 3200 will be staggered for one curve and the contestants will be boxed two per lane.

**15. Hospitality food items and drinks will be provided for coaches and workers on Tuesday night and Friday afternoon & evening. Help yourself and enjoy!**

16. **Admission** charge for both days, May 8 and May 11 is: \$8.00 for adults and \$6.00 for students per SBC Track Meet admission bylaws.

17. **Championship Trophies** will be presented to the champions of each division at the conclusion of the meet.

**All SBC Conference Medals:** 1<sup>st</sup> Place (Gold), 2<sup>nd</sup> Place (Silver) & 3<sup>rd</sup> Place (Bronze) Medals

**Place Ribbons:** 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> Place

We will not use an award stand & present awards during the meet. To keep the meet moving in a timely manner, *all coaches will be asked to pick up their awards packet/box at the conclusion of the meet in the press box.* We will put all boy & girls awards together from the same school for coaches to distribute later to their kids.

18. **Outstanding Performer Award:** There will be (2) outstanding performer awards given out per division. One for the most outstanding running performance, and one for the most outstanding field event performance. Coaches will place their votes at the conclusion of the meet. Ballots will be in our meet day packets. Coaches will be asked to turn in at the finish line area as the meet ends. Awards will be announced and handed out at the conclusion of the meet.

19. Please make marks for exchange zones and area with tennis balls. NO chalk or tape please!!!  
Chalk or tape can be used to mark the high jump approach. No marks of any kind can be used on the long jump approach surface or the pole vault approach surface.

20. **Please keep the HJ and LJ areas clear of all non-contestants. Coaches areas will be plainly marked.**

21. **Concession stand open all afternoons & evenings operated by our Athletic Booster Club.**

22. **SBC Track & Field T-Shirts will be available to purchase on site in at the concession area.**  
**Benchmark Prints will be on site to sell.**

23. Scoring will be 10-8-6-5-4-3-2-1 (for 7-team Lake & Bay divisions) and 10-8-6-4-2-1 (for 6-team River)

26. Once competition begins, a coach may substitute for an injured or ill athlete only. The athlete being removed may no longer participate in the meet.

27. **We will follow the state format for advancement to the finals. Top (2) runners from each heat will advance and then the next (4) best times in either heat will also advance.**

28. Any questions, contact Brian Schubert at 419.484.5078 (school), 419.217.6278 (cell).

29. Next year's Sandusky Bay Conference Track & Field Meet will be held on **May 7 & 10** at Gibsonburg and Clyde High Schools.