

2009 Senate Jesse Owens Track Championships

Cleveland Metropolitan School District

Dates/Times: Wednesday, May 13, 2009 at 3:00 p.m.

Location: Collinwood Track and Field

Scoring: Top 8 – 10, 8, 6, 4, 2, 1

Team/Individual Awards: Champion, Runner-up and Third Place trophies for boys and girls. Medals for top 6 places. MVP Trophies for Sprinter, Field Event and Distance for boys and girls.

Transportation: Submit your transportation forms to **Kevin Guyton by Friday, May 8, 2009**. Leave the fund and budget number blank. In the comments section, request transportation stay. You should not arrive before 1:45 p.m. and your departure should be 8:00 p.m.

Eligibility Certificates: **Each school must submit an eligibility certificate by Friday, May 8, 2009.**

Entry: Entries and done on <http://baumspage.com> . The **deadline to submit roster and entry is Sunday, May 10 at 7:00 p.m.** After this deadline, changes are to be e-mailed to LaChanze Walker at lachanze.m.walker@cmsdnet.net before 11:00 a.m. on Wednesday, May 13, 2009. PLEASE submit accurate times so that we can ensure a fair and proper seeding!!

- a. **Each team may enter (2) athletes in each event. No athlete may participate in more than four events including relays.**
- b. **One relay team per event, per school.**

The flight assignments will be posted by noon on May 13, 2009 at <http://www.baumspage.com>

Substitutions/Scratches: **Substitutions are due by 11:00 a.m. on event day.** Please e-mail these changes to lachanze.m.walker@cmsdnet.net . All scratches are due by 2:15 p.m. on event day at the registration table.

Coaches Meeting: Wednesday, May 13 at 3:15 p.m. Please notify us of any additional scratches at this time.

Coaches Reminders:

- a. are responsible for making certain their athletes report to the clerk-of-course on time. Once the clerk has turned over the athletes to the starter, no one else will be permitted to run.
- b. 9th and 10th grade races are for a first time 9th and 10th graders.
- c. Bring starting blocks with you.
- d. OFFICIAL RELAY FORM – Please PRINT when completing. Alternates are allowed on lines 5 and 6. All possible alternates must be on the “Alphabetical List”. If an athlete is not on your alpha list, the athlete can not be added to an event.

Field Events: All implements will be provided by CMSD.

- a. Shot Put, Discus and Long Jump will each have **four** attempts for a final. The best throw will be used to determine placement.
- b. High Jump will have **four** attempts for a final. Starting heights for girls are 4-04.00. and boys are 5-04.00. High jump will increase in 2” increments initially.

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Running Events: Depending on the number of entries, semis will be run in the 100M dash, the 200M dash and the 100/110M Hurdles. If semis are required, we will take the top four from each heat in the semis and seed them according to time and place for the finals.

Timing/Facility: Hand timing will be utilized to time all races. Please do not use chalk, tape, markers, etc. to mark the track. Tennis balls or mini cones are recommended.

Bullpen: Located behind the start of the 100M dash. All races will reports to the bullpen. **Athletes and coaches are not permitted to stand on or near the finish line tent or anywhere else on the football field.** This rule will be strictly enforced this year.

Team Camps: Camps can be set up in the home team bleachers. **No one is allowed in the visitor's bleachers.**

Concessions: City of Cleveland will be providing concessions.

Questions/Concerns: Please contact La Chanze Walker by e-mail at lachanze.m.walker@cmsdnet.net or by phone at (216) 574-8466