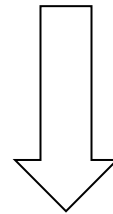


Vinton County Invitational
Coaches Details Sheet and Order of Events

- FINAL ENTRIES ARE DUE BY 10:00am Thursday, April 26th – NO CHANGES AFTER 10:00!
- No Coaches Meeting – Just pick up your heat packets in press box
- Remember the entry fee - \$150 covers boys and girls
- NOTE: NO semifinals this year! Make sure you enter your athletes' MOST CONSISTENT time!
- HIP NUMBERS ARE *ONLY NEEDED FOR RACES NOT FINISHING IN THE LANE THEY START IN*: (4x8, all distance races, and the 4x4). No other races require a hip number.
- 8 Places will be scored, top 8 times/distances/heights score
- In all non-distance running events, the fast heat will be the second heat
- Field events at 4:30, Running Events at 5:30 *or as soon as Boys High Jump is complete*
- First field events will be: Boys Discus, Girls Shot, Boys Long Jump, Girls High Jump, Girls Pole Vault
- Throwing implements will be weighed before the meet
- Shot, discus, and long jump will just have four throws/jumps – no final rounds.
- Starting height for boys high jump: TBA, starting height for girls high jump: TBA
- Starting height for boys pole vault: TBA, starting height for girls pole vault: TBA
- High jump will go up by 2” increments, pole vault by 6”
- BULLPEN: for all events will be the start of the event
- MEDALS will be awarded to 1st place, ribbons for 2nd through 8th place
- MEET MEDALIST: Please submit your nominations by the 3200m for review
- TENTS may be set up behind the home bleachers, in the visitor's bleachers, or on the north end of the stadium toward the top
- RESULTS will be posted on Baums page Thursday April 26th
- We will have a trainer available
- NO RELAY CARDS – Make sure these are correct on Baums Page before 10 a.m.
- We will be doing a short senior night ceremony at about 5:00 and the national anthem – all competition will cease for the national anthem.

COMPLETE ORDER OF EVENTS NEXT PAGE



**Vinton County Invitational Order of Events
Thursday, May 26th, 2018**

4:30	Boys Discus	Four throws (2-2)
	Girls Long Jump	Four Jumps – open pit until 5:30
	Girls Pole Vault	Starting Height: TBA
	Girls Shot Put	Four Throws (2-2)
	Boys High Jump	Starting Height: TBA
	<i>Immediately Following....</i>	
	Girls Discus	Four Throws (2-2)
	Boys Long Jump	Open pit until 6:30
	Boys Pole Vault	Starting Height: TBA
	Boys Shot Put	Four Throws (2-2)
	Girls High Jump	Starting Height: TBA

**BREAK – SENIOR NIGHT CEREMONY AND NATIONAL ANTHEM
(TIMES BELOW ARE APPROXIMATE STARTING TIMES FOR EVENTS)**

5:30	Final – Girls 4x800 Relay
5:45	Final – Boys 4x800 Relay
6:05	Finals – Girls 100m Hurdles
6:10	Finals – Boys 110m Hurdles
6:15	Finals – Girls 100m Dash
6:20	Final – Boys 100m Dash
6:25	Final - Girls 800m Relay
6:30	Final - Boys 800m Relay
6:35	Final - Girls 1600m run
6:43	Final - Boys 1600m run
6:50	Final - Girls 400m Relay
6:55	Final - Boys 400m Relay
7:00	Final - Girls 400m Dash
7:10	Final - Boys 400m Dash
7:20	Final - Girls 300m Hurdles
7:28	Final - Boys 300m Hurdles
7:35	Final - Girls 800m run
7:40	Final - Boys 800m run
7:45	Final - Girls 200m dash
7:50	Final - Boys 200m dash
7:55	Final - Girls 3200m run
8:10	Final - Boys 3200m run
8:25	Final - Girls 1600m Relay
8:35	Final Boys 1600m Relay

Awards Presentation