

## ***Meet Schedule for Duals , Tri-Meets, and Quad Meets at Washington CH***

***All Entries must be entered on Baumspage by the deadline.***

***Any questions please email Louis Reid at [Louis.reid@wchcs.org](mailto:Louis.reid@wchcs.org)***

Field Events 4:30 start  
We will start with these events

Girls High Jump  
Boys Long Jump  
Girls Pole Vault  
Boys Discus  
Girls Shot

5:15 Running Events Start  
Girls followed by Boys

4x800m relay  
100mhh/110m hurdles  
100m  
4x200m relay  
1600m  
4x100  
400m  
300mHurdles  
800m  
200m dash  
3200m run  
4x400

All Results will be posted on baumspage the day of the meet or the following morning by 9am.