

Darby Dash

Middle School 2-Mile and High School 5K

October 5, 2013

Welcome to the 2013 Darby Dash 5k Cross Country Meet. Below you will find the meet details:

Course:

The course is located at Hilliard Darby High School (North Fields). It is a two loop, spectator friendly fast and flat course with long straights and soft turns. This course is a great tune-up for championship season.

Hilliard Darby High School
4200 Leppert Road
Hilliard, OH 43026

Race Times:

Each team may enter unlimited runners:

MS Girls Race (2 Miles - unlimited runners)	9:00 AM
MS Boys Race (2 Miles - unlimited runners)	9:30 AM
HS Girls Race (5K - unlimited runners)	10:00 AM
HS Boys Race (5K - unlimited runners)	10:45 AM

Entry Information:

Entry information will be e-mailed to your athletic director prior to the race

Drop-Off / Pick-up:

Busses may drop off and park in the lot at Hilliard Darby High School by the tennis courts. Teams will need to walk North and cross the bike path to the North Fields

Race Day Packet:

Race day packets may be picked up at the finish line

Coaches Hospitality Area:

Coaches will have food and drinks provided by the Hilliard Darby Cross Country Parents

Awards:

Top 5 Individuals in each race will earn custom Darby Dash T-Shirts
Team Champions

We look forward to your participation in our meet and extend best wishes for a successful cross country season.

Sincerely,

Nick McIlwain
Darby Athletic Director
614-921-7300
nick_mcilwain@hboe.org

Cori Schulte
Girls Cross Country
614-949-0380
cori_schulte@hboe.org

Mark Tremayne
Boys Cross Country
614-595-5533
mark_tremayne@hboe.org