

Starting line boxes for the Dover Cross Country Invitational 2020

Same boxes for each race (high school boys and girls, middle school boys and girls)

Box 1 Strasburg

Box 2 Claymont

Box 3 Meadowbrook

Box 4 Tusky Valley

Box 5 New Philadelphia

Box 6 Sandy Valley

Box 7 Newcomerstown

Box 8 TCC

Box 9 Garaway

Box 10 Indian Valley

Box 11 Dover

Box 12 Cambridge

Teams need to stay 30 feet behind the starting line until the 5 minute warning. Then only runners need to get to their boxes (no coaches in the 30 feet area). With 2 minutes before the runners need to get to their orange spot in their box and get ready for the starting gun.