

LEE STERNBERG CROSS COUNTRY INVITATIONAL
Wednesday, August 31st 2022 (at East Canton)

Coaches,

Thank you for your interest in our 21th annual Cross Country Invitational. The name of the meet has changed in honor of our recently retired coach who led our boy's program to four State Championships and three State meet runners-up. It is "**The Lee Sternberg Invitational**"

This year's meet is scheduled for Wednesday, August 31st. Due to more entries again this year, we will be offering two divisions for both high school girls and high school boys. Teams will be divided by size, however, smaller schools may move up to the bigger division if they choose. We would like to begin with the Middle School girl's race at 4:30 pm. The "small school" division will likely consist of Division III schools and the "big school" division will probably consist of Division II and Division I schools. The meet schedule is enclosed and you can find all information on www.baumspage.com. Like previous years, you will need to enter your team's data on this website.

We will once again have chip timing to record the results. Entry fees for this year's meet will be \$50 for each middle school team and \$75 for high school teams. Teams with enough athletes may split their team and enter an "A" and "B" team in varsity races but please have enough athletes on each team to score as a team. (5 or more runners) Just follow the directions on baumspage. For schools that will not have enough athletes to field a team, (less than 5 runners) cost will be \$10 per runner.

Please let your parents and fans know that there will be a parking fee for spectator vehicles again this year. Instead of admission for the meet, there will be a 5.00 charge per car. This is considerably less than fans will pay at any other OHSAA sporting events. Also, please help us keep spectators and athletes out of the private property adjacent to the course. In the past, there were some people going through yards and even leaving trash on the way to the busses or their cars.

Our course is in good shape, mostly grass or packed dirt. Runners in the 5K will cross the asphalt road once. There will be a course map enclosed with the coaches' packet and there will be a lead vehicle. The course is painted and well-marked.

We will have a well-stocked concession stand with plenty to eat and drink. Invitational T-shirts will also be available for sale, but supplies will be limited so buy early in the meet.

We will have a DJ once again with music and fun during and after the meet. Results will be posted and up on the baumspage website after the meet. **Individual Awards will be presented in the chute and team awards will be presented after results are posted and official. Team trophies will be awarded at the concession stand.**

Please feel free to call or contact the following if you have any questions

AD – Todd Shadle – 330-488-0316

Boy's coach - Jason Wade – 330 232-0325

Girl's coach – Tom Loy – 330 284-4784

Thank you and see you on the 31st

Coach Tom Loy – East Canton Cross Country

Things to know Before You Come to the Meet.

Coaches:

- Team Camps will be in the Softball Outfield or behind the Concession Stand
- Packet Pick-up will be at Entry for the team area OR at the Concession Stand
- We will start races on time if possible (some runners from previous races may still be on the course – those runners may not be in the first results – but will be timed/recorded)
- Individual awards will be handed out in the chute - as athletes finish each race
- Team awards will be presented at the Concession Stand after results are Final
- Trash Bags /Trash barrels will be available – please police your area

Bus Drivers:

- Busses may Drop-off at the Blue Water Tower, and move on to the Bus Garage area or at the Stadium parking lot
- Bus Pick-up may be at the Blue Water Tower or kids may walk to the bus

Remind Student/Athletes and PARENTS

- Meet T-Shirts will be Available
- Concession Stand will be Stocked
- There will be a Spectator Entry Fee of \$5 per vehicle (please carpool if you can)
- Parking - may be at the Water Tower/across from water tower or at the lot near the Football/Track Stadium
- Please stay out of PRIVATE PROPERTY adjacent to the course
- Public Restroom facilities will be limited
- Porta-Johns will be near the concession stand at the ball fields

- All Federation rules apply... Including:
 - * Uniform rules
 - * course markings–(RED=left turn, Yellow=right turn, Blue=straight)
 - * team scoring – top five score for the team, 6-7 displace
 - * racing aids – No pacing, GPS watches, etc.

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Wednesday, August 31st, 2021

Time Schedule:

3:30 – course open to tour

4:00 – Kids (grade 4-6) 1-mile race

4:30 – Middle School Girls

4:55 – Middle School Boys

5:20 – HS Big School Girls

5:55 – HS Big School Boys

6:25 – HS Small School Girls

7:00 – HS Small School Boys

Awards:

Individual – Plaque for Top 3 in each race

- Medals for places 4-20 in each race

Team Awards – Trophy for top Two in each race

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Coach Tom Loy – East Canton Cross Country