

2020 Jeremy Anderson Invitational

Race Guidelines

Spectators: Anyone wishing to enter the stadium must have a completed voucher and \$5.00 entrance fee at the stadium gate. Vouchers will be provided to each team for distribution in advance (maximum of 2 per athlete).

Coaching Instructions

Please read the meet instructions carefully to your team and share with parents and spectators. These instructions are for the safety and consideration of everyone.

Masks Are To Be Worn At All Times by coaches, athletes, and spectators. Athletes are to wear masks unless racing, warming up, or cooling down. Please maintain a distance of 6ft from all others.

Team Tents - Tents are permissible on the football practice field, which is the field behind the stadium, closes to the river. No enclosed tents allowed, and you must maintain appropriate social distancing within the tent. We request that parents and spectators refrain from the team tent designated area and warm up corral.

Symptom check - The day of the event, please do a symptom check on ALL athletes. They are to have no cough, fever, chills, headache, etc. the day of the event. If an athlete feels even the slightest bit ill, please have him/her stay home for the safety of others. Please have your **symptom check form available** to turn in to our meet coordinator upon arrival so that he can confirm that everyone has completed their check and to pick up your race packet.

Warming up/Cooling Down - Please warm up within the warmup corral by the team tents, outside of the cross-country course, or any place that your team can be socially distanced from other teams.

Taken Directly from the OATCCC Guidelines:

START LINE:

- No pre-race instruction/meeting conducted by officials.
- Runners to arrive at starting line no earlier than 5 minutes before the start.
- No pre-race run-outs or team huddles.
- Runners to wear masks to the start area.
- Runners may choose to continue to wear masks during the race, pull them down around the neck during the race or place them in individual bags labeled with their name and collected by a team representative prior to runners entering the starting line area.
- No coaches or spectators within 30 feet of the starting line area. Area should be marked with flags, cones, roping or other markings as available.
- No clerking or check-in at starting line. All check-in to be completed at packet pick-up

- No items to be left or stored in the starting line area including team trash cans
- No water bottles allowed