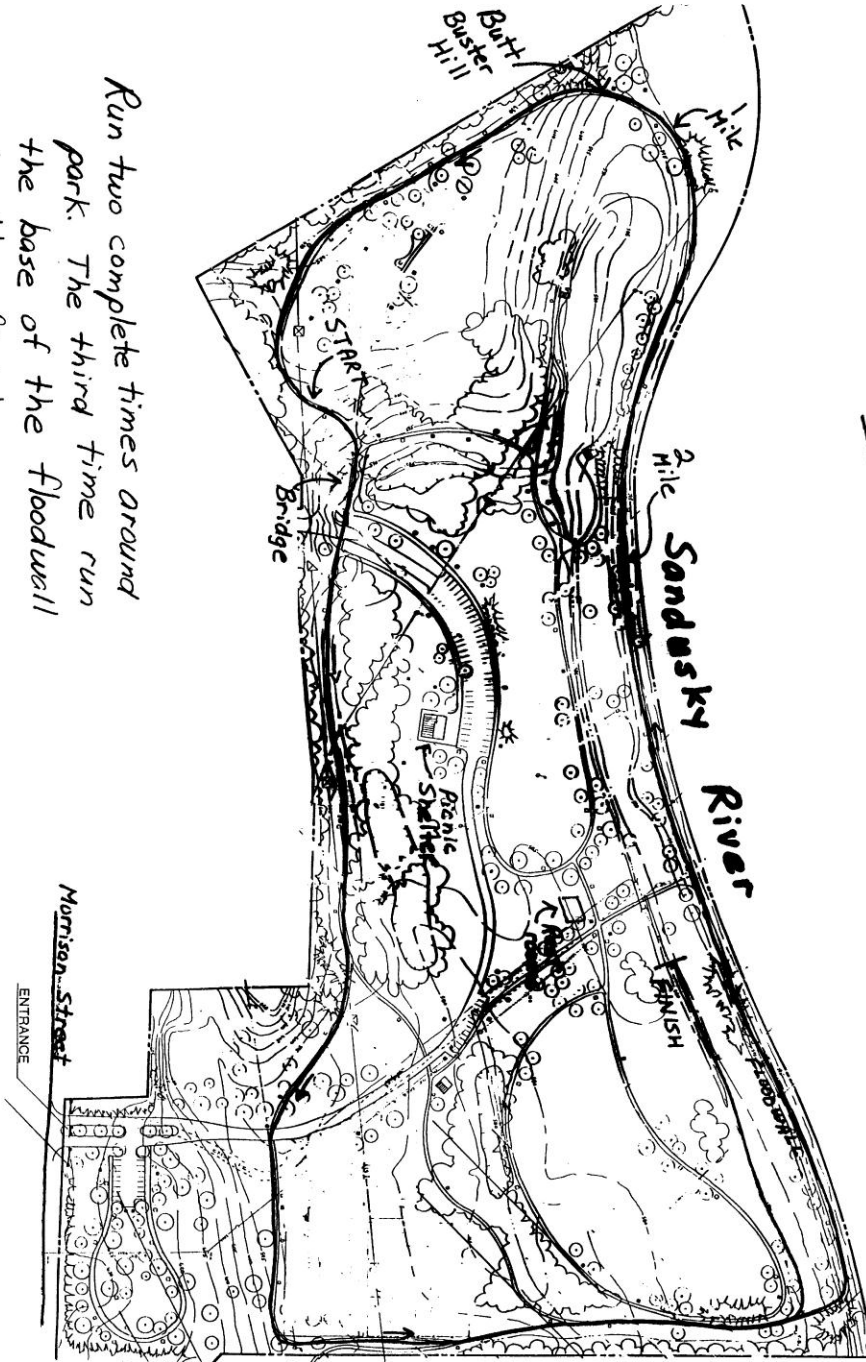


# 14<sup>th</sup> Annual Norm Bray Memorial Cross Country Invitational

Date:	Saturday, August 28, 2010													
Site:	Walsh Park – located on Morrison Road, Fremont Ohio. Turn off E. State Street (Rt. 20), proceed down Morrison, located on right after bridge.													
Host:	Fremont Ross High School													
Course/Distance	5K - See attached map for course layout. It is a difficult, hilly course. Park bathrooms are available, but no locker room facilities. A concession stand will be available.													
Time Schedule (all times are approximate)	<table> <tr> <td>Open Girls</td> <td>9:00 a.m.</td> </tr> <tr> <td>Open Boys</td> <td>9:45 a.m.</td> </tr> <tr> <td>Div II-III Girls</td> <td>10:25: a.m.</td> </tr> <tr> <td>Div I Girls</td> <td>11:05 p.m.</td> </tr> <tr> <td>Div II-III Boys</td> <td>11:45 p.m.</td> </tr> <tr> <td>Div I Boys</td> <td>12:25 p.m.</td> </tr> </table> <p style="text-align: center;"><b>Please note the start times.</b></p>		Open Girls	9:00 a.m.	Open Boys	9:45 a.m.	Div II-III Girls	10:25: a.m.	Div I Girls	11:05 p.m.	Div II-III Boys	11:45 p.m.	Div I Boys	12:25 p.m.
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Awards	<p>Team: 1<sup>st</sup> and 2<sup>nd</sup> Place trophies or plaques for Varsity races</p> <table border="1"> <thead> <tr> <th>Individual:</th> <th>Varsity</th> <th>Open</th> </tr> </thead> <tbody> <tr> <td>Medals</td> <td>1<sup>st</sup> – 3<sup>rd</sup> place</td> <td>1<sup>st</sup> – 3<sup>rd</sup> place</td> </tr> <tr> <td>Ribbons</td> <td>4<sup>th</sup> – 10<sup>th</sup> place</td> <td>4<sup>th</sup> – 10<sup>th</sup> place</td> </tr> </tbody> </table>		Individual:	Varsity	Open	Medals	1 <sup>st</sup> – 3 <sup>rd</sup> place	1 <sup>st</sup> – 3 <sup>rd</sup> place	Ribbons	4 <sup>th</sup> – 10 <sup>th</sup> place	4 <sup>th</sup> – 10 <sup>th</sup> place			
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Entry Fee	\$100.00 payable each team, maximum of \$125 per school, <i>with return of contract</i> to the Ross Athletic Department. Teams for whom payment has not been <b>received by end of work-day</b> Tuesday, Aug 19, 2010 will not be allowed to compete.													
Entries:	<b>Entries will be accepted via <a href="http://baumspage.com">baumspage.com</a></b> between 8/14/10-8/25/10 @ 7PM. Teams with only 1 team in a Varsity event can decide at race time which individuals are to compete in Open or Varsity races. Teams with multiple teams in the same race (“A” & “B”) need to specify who is on what team.													
Check-in (Day of Meet)	There will be a coaches meeting day of meet ½ hour prior to start of first race to receive competitor labels. Labels will be given to Coach and affixed to place card by Coach after race. No competitor will be allowed to run without a label. <b><i>Place cards will be turned in to Scorer’s table by each Coach within 10 minutes of end of race.</i></b>													
Other	<ol style="list-style-type: none"> <li>Teams will score 5 competitors and displace with 2 more (max) in Varsity races.</li> <li>Teams with less than 5 runners are encouraged to compete in the Open race. Should teams with less than 5 runners compete in varsity races, they will not score, not displace, but are eligible for individual awards.</li> </ol>													

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Run two complete times around  
park. The third time run  
the base of the floodwall  
to the finish.



Walsh Park