



# Ironton High School

## ***Tigertown Cross Country Palooza***

Once again Ironton is only hosting a single cross country meet. The Tigertown Cross Country Palooza is to be held on the same weekend as last year. As of right now, the meet is open to any and all high schools and middle schools. Please remember that we are trying to follow all guidelines pertaining to face coverings and social distancing established by the State of Ohio, the OHSAA, the OATCCC, the Lawrence Co. Health Dept., and our school district guidelines. **As the situation continues to develop however, changes may be forced upon us for the procedures of the meet.** There will be a 1 mile fun run for elementary runners.

### **Date:**

Saturday October 9, 2021

### **Site:**

Ironton Middle School      302 Delaware St.      Ironton, OH      45638

### **Time Schedule:**

10:00 Middle School Girls Race  
10:40 Middle School Boys Race  
11:20 High School Girls Sweepstakes  
12:05 High School Boys Sweepstakes  
1 Mile Elementary Fun Run Will Follow

### **Timing Chips:**

Computer timing chips on race bibs will be used. DO NOT fold the bibs.

### **Entry Fee:**

\$15 per individual      \$60 per team (5 or more runners)  
\$120 maximum for all high school and middle school  
Make checks payable to:      Ironton HS Athletic Department

### **Awards:**

High School: Team trophies for 1-3, plaques 1-10 individuals, medals 11-20, ribbons 21-50  
Middle school: Team trophies for 1-2, plaques 1-5 individuals, medals 6-10, ribbons 11-30  
There will be NO awards ceremony. Team awards only to be picked up by coaches on race day. All other individual awards will be distributed at a later date.

### **Rosters:**

Please submit your rosters to [www.baumspage.com](http://www.baumspage.com) by Wednesday Oct. 6, 2021, 9:00am  
Please include all runners who may possibly compete. It's easier to scratch than add runners.

### **Course:**

Two laps with slight elevation changes and a short passage through a wooded area.

Please contact me if you have any questions.

Tim Thomas

Cell: 740-646-3669

School: 740-532-3911

Email: [tim.thomas@tigertown.com](mailto:tim.thomas@tigertown.com)

# Tigertown Cross Country Palooza

## Race Day Covid Procedures

1. Coaches please conduct a temperature check of all coaches and athletes before leaving for the meet.
2. Spaces for team camps will be available on a first-come-first-serve basis within the athlete village. Please strive to maintain social distancing within the camp and with other participants and spectators. Please wear masks when appropriate.
3. A coaches Covid verification form will be available for coaches to fill out and sign at the packet pick-up tent.
6. Teams should not arrive to the starting line sooner than 10 minutes before racetime in order to minimize exposure.
7. Spectators must maintain social distancing and wear a mask when appropriate. Stay back from the racing course at all times! Do NOT go beyond the flags limiting access to the finish line.
8. Teams will have a designated area (corral) after the finish chute where they can receive water.
9. We will be using disposable timing chips on the race bibs. Do NOT fold or spindle the race bibs as it may damage the timing chip.
10. We will have t-shirts and concessions for sale.