

Subject: Modifications for the Lakota Myron Cline XC Invitational

Starting Line:

1. We are limiting each race to 9-11 teams to keep the participant numbers low.
2. We will have 10 foot starting alleys with 6 feet between each one to keep teams spaced out at the line.
3. Each team will run in their alley for almost 200 meters before they blend into the racecourse.
4. Because of the way our course is set up, we will modify the angle of the starting line to make sure every team is running the same distance before they blend into the course.

Finish Line

1. We are NOT using chip timing.
2. We will use a modified corral finish.
3. There will be four mini chutes; each chute will blend into a large corral for the finishers. Finishers will be encouraged to spread apart and return back to their camp, away from the other finishing runners.
4. Each runner will be wearing a bib number, tags will NOT be taken off the bib, and instead two workers will be at the end of each mini chute. One worker will be reading the bib numbers as the finishing runners proceed to the corral. The other worker will be writing down the numbers so they can be turned into the scorer for recording the results. The worker reading the bib numbers will also record the numbers on a hand recorder as a back up in case of a scoring problem.
5. No more than 25 runners will enter each mini chute, and less if possible.
6. A worker will be switching runners to the next chute when there is a large enough gap in the finishers so as to not impede any runners finishing.
7. Another worker in each chute will make sure the finishing runners stay in the correct finishing order until they leave the chute and enter the corral.

Awards

1. Individual awards will NOT be handed out.
2. Awards will be placed in a paper bag for each coach to pick up before they leave.
3. There will be NO awards ceremony.

Teams and spectators will be encouraged to leave the school grounds as soon as their races are completed, so that we can keep the number of spectators from building up during later races.

Face coverings for spectators will be required, as long as they are inside the fence and in the stadium area.

Runners will wear face coverings when they are not 1) warming up, 2) racing or 3) cooling down.

Bottled water will be provided for finishers.

If you have any questions, you can call Coach Windom at 419-469-0511