

**LANCASTER BOB REALL CROSS COUNTRY INVITATIONAL**  
**September 21, 2013**

Fees – High School Varsity team races       \$75.00  
          Junior High team races               \$75.00  
          Junior High and High School open   \$ 5.00 per individual  
          Maximum entry fee                 \$150.00 per school  
          \*schools may enter only one team per race  
          \*schools registering after 9/18/13 by 5PM will be charged an additional \$25.00

Registration forms and information may be obtained at: [www.lancastergales.com](http://www.lancastergales.com)

Registration and team roster – a registration form indicating division team races and open races entered is due to Holly Griffin by **Wednesday, September 18, 2013**. Roster entries will be on [www.baumspage.com](http://www.baumspage.com) from now until 9/18 at 5PM.

Course – located at the campuses of LHS and OU-Lancaster. It is a combination of rolling hills and flat areas. All junior high races will be 2 miles and all high school races will be 5000 meters.

Awards – **Junior High Team Races** – Medals to the top 50 & ribbons to places through 100. Team award To the top 5 teams.

**Junior High Open Races** – Medals to the top 25 & ribbons to places through 100.

**High School Team Races** – Plaques to the top 10 places. Medals to places through 50. Team Award to the top 3 teams.

**High School Open Races** – Medals to the top 25 places & ribbons to places through 75.

Time Schedule

10:00AM	Jr. High Boys Team (top 7 only)	1:30PM	Division III Girls Team Race
10:30AM	Jr. High Boys Open (grades 7 & 8)	2:00PM	Division II Boys Team Race
11:00AM	Jr. High Girls Team (top 7 only)	2:30PM	Girls Open (All Divisions)
11:30AM	Jr. High Girls Open (grades 7 & 8)	3:00PM	Division I Boys Team Race
12:00PM	Division III Boys Team Race	3:30PM	Division I Girls Team Race
12:30PM	Division II Girls Team Race	4:00PM	Division I Boys Open
1:00 PM	Division II & III Boys Open		

Spectators – **Admission Charge for Adults - \$6.00 and Students - \$4.00.**

**NO PETS ALLOWED.** Spectators can view almost the entire course from atop the terraced Starting and finishing areas. Coaches, please relay this information to parents and others attending the meet.

Shelter & Restrooms – located inside Lancaster High School. Ohio University – Lancaster is **not** available.

T-Shirts & Concessions are available from the Lancaster Athletic Booster Clubs.

Send **registration, and check** to: Lancaster High School  
Athletic Department  
Holly Griffin – Meet manager  
1312 Granville Pike  
Lancaster, Ohio 43130

Checks payable to:  
Lancaster HS Athletic Department

**Roster entries on [www.baumspage.com](http://www.baumspage.com)**

Contact information: LHS Athletic Department  
Phone 740-681-7550  
Fax 740-681-7552  
Email [a\\_lee@lancaster.k12.oh.us](mailto:a_lee@lancaster.k12.oh.us)

Meet Manager  
Holly Griffin 740-681-7550  
Fax 740-681-7552  
[h\\_griffin@lancaster.k12.oh.us](mailto:h_griffin@lancaster.k12.oh.us)