

LANCASTER BOB REALL CROSS COUNTRY INVITATIONAL

September 24 & 26, 2020

Registration forms and information may be obtained at: www.lancastergales.com

Entry Fee - H.S. \$200 for boys & girls team
H.S. \$100 for boys only team
H.S. \$100 for girls only team
Middle School \$100 for boys/ girls team
Middle School \$50 for boys only team
Middle School \$50 for girls only team
*schools may enter only one team per race
*schools registering or adding athletes after 9/21/2020@ 9:00 pm will be charged an additional \$30.00 late fee

Registration and team roster – a registration form indicating division team races and open races entered is due to John Smith by **Monday, September 21, 2020**. Roster entries will be on www.baumspage.com until 9/21/2020 @ **12:00 pm(noon)**.

Course – located at the campuses of Lancaster High School and Ohio University-Lancaster. It is a combination of rolling hills and flat areas. All junior high races will be 3200 meters and all high school races will be 5000 meters.

Awards – **Junior High Team Races** – Medals to the top 20 places. Team award to the top 2 teams, for both the Large and Small school races.
High School Team Races – Medals to the top 20 places. Team award to the top 2 teams, for Division I & 2/3 team races
High School Open Races – Medals to the top 10 places.

Time Schedule September 24, 2020 Bob Reall Invitational Schedule

4:30PM Division 2/3 HS Boys Team/Open Race
5:25PM Division 2/3 HS Girls Team/Team Race
6:20PM Small School JH Boys Team/Open Race
7:00PM Small School JH Girls Team/Open Race

Time Schedule September 26, 2020 Bob Reall Invitational Schedule

9:00AM Division I HS Boys Team Race (up to 10 entries, no less than 7 entries per team)
10:00AM Division I HS Girls Team Race (up to 10 entries, no less than 7 entries per team)
11:00AM Division I HS Boys Open Race
12:00PM Division I HS Girls Open Race

High School Teams are encouraged to depart prior to 1:00PM

JH Teams are asked to arrive not before 1:00PM

2:00PM Large School JH Boys Team/Open Race
2:45PM Large School JH Girls Team/Open Race

*No school may enter more than 40 runners of each gender.

Spectators – **Admission Charge:** All tickets are \$7.00 available at www.GoFan.co the week of the meet

The 2020 Bob Reall Invitational is being held for the benefit of the participating teams/athletes. Modified race day procedures are implemented for the safety of all athletes, coaches, spectators, as well as the officials and volunteers committed to making this event a valuable and safe experience. Your cooperation and support is required.

To mitigate the risks associated with the ongoing Covid 19 pandemic, all athletes, coaches and spectators must follow the attached special instructions. These instructions must be followed without exception, including but not limited to the following:

- > **Athletes, coaches and spectators must follow the direction of meet personnel without exception.**
- > **All spectators and coaches must wear masks at all times while on LHS and OU-L property,**
- > **Athletes must wear masks at all times except while warming up, racing or cooling down,**
- > **Spectators are not permitted in the team camp area, the starting area and the roped area on the finish line level.**
- > **Access to the bridges will be limited to credentialed coaches and spectators. Spectators may only obtain the required credentials from their team's coaching staff**

As always, no pets or sport implements are allowed within the competition venue.

Restrooms – located at parking lot near the baseball field .Access to the Ohio University – Lancaster campus buildings is **NOT** permitted. Lancaster High School will be LOCKED unless there is a lightning delay.

T-Shirt order instructions are included in your team packet.

Limited concessions (bottled water and granola bars) will be available from the Lancaster Cross Country & Track Parents Organization.

Send **registration, and check** to: Lancaster High School
Athletic Department - Attn John Smith, Meet Manager
1312 Granville Pike
Lancaster, Ohio 43130

Checks payable to:
Lancaster HS Athletic Department

Roster entries on www.baumspage.com

Contact information: LHS Athletic Department Meet Manager
Phone 740-681-7553 John Smith 740-681-7500 Ext. 6208
Fax 740-681-7552 Fax 740-681-7552
Email a_lee@lcsschools.net john_smith@lcsschools.net