

# 2020 Legends Meet Regulations

## Schedule of Events (Revised)

- 9:00 Middle School Girl's Open Race - 2 Mile
- 9:30 Middle School Boy's Open Race - 2 Mile
- 10:00 Middle School Girl's Team Race - 2 Mile (Limited to 8 runners per team)
- 10:30 Middle School Boy's Team Race - 2 Mile (Limited to 8 runners per team)
- 10:55 Session 1 National Anthem
- 11:00 Small High School Girl's Team Race - 5K (Limited to 8 runners per team)
- 11:30 Small High School Boy's Team Race - 5K (Limited to 8 runners per team)
- 12:00 Session Break
- 12:55 Session 2 National Anthem
- 1:00 High School Girl's Open Race - 5K
- 1:30 High School Boy's Open Race - 5K
- 2:00 Large High School Girl's Team Race - 5K (Limited to 8 runners per team)
- 2:30 Large High School Boy's Team Race - 5K (Limited to 8 runners per team)

**Legends Meet Race Format** - due to a large interest in the meet... and to remain compliant with the Trumbull County Health Department guidelines, I have temporarily closed Legends Meet registration. Teams that are already registered will need to make changes to their rosters to meet the following meet rules. To allow these edits, I will open the registration window back up now through midnight this Wednesday, September 30th. All entries submitted by that time will be considered final with no additions or substitutions made after that. Runners may not switch from an A Team to a B Team after that time, either.

- Wave starts will be used to accommodate social distancing standards and allow more runners to participate in the meet:
  - No more than 80 runners will be assigned to a wave. This is 10 teams of 8 for the team races. I will attempt to seed the waves so that the more competitive teams or individuals on teams start in the first wave. Please be understanding of these assignments... not all teams will be where they feel they should be. **Once assigned to a wave, no team or runner may switch for any reason!**
  - Waves will be separated by 30 seconds. There will be 3 sets of starting boxes behind the starting line for successive waves. It appears that we might need maximum of 4 waves for some of the larger races.
  - Schools with less than 5 runners will be placed in the open races (I am reserving the right for a few exceptions for this to meet travel schedules and competitive need situations).
- In all team races, teams will be limited to 8 runners. A school may enter more than the 8 runners in the team race by assigning additional runners to a B Team or a C Team (there is a drop down menu on Baum's Page that allows this option by each runner's name to designate them as participating). There is a \$25 fee for each additional team selected. Once assigned to an additional team, runners may not change from their assignment. It will cause huge issues with the wave starts and the results.
- Runners assigned to any wave beyond the first wave should be informed that the split clocks and the finish clock are set for wave #1. They will need to subtract time from those clocks to get their split time (Wave #2 subtract :30, Wave #3 subtract 1:00, Wave #4 subtract 1:30). The tabulated results will subtract these times and score the results accordingly. All results will be posted on Baum's Page after the last runner in the race finishes. There will be a 35 minute completion time requirement for all finishers in a race.
- Open races will allow up to 16 runners from a school. This allows a school to enter up to 40 participants in the meet if they enter an A, B and C Team plus the 16 open runners. Do not assign open runners to a B Team

or C Team. Runners in open races may be sharing a starting box with runners from other schools. The boxes are large enough (12' x 12') to allow adequate distancing.

- Timing chips will be assigned to each runner and must be securely attached to the shoe. Coaches will be given these chips in a zip lock bag in their packet. After the meet these chips must be collected from the runners, returned to the zip lock bags and placed in an orange bucket on the stage beside the finish line. Packet pick up is behind the grandstands near the bus parking area. Only coaches should come to the packet pick up area. A \$10 fee will be charged to the school for each missing timing chip.
- Awards will be given to the top 4 teams in the high school races and the top 3 teams in the middle school races. The top 25 individuals in the team races and the top 10 runners in the open races will receive medals. All awards will be placed in an envelope for the coach to pick up on the stage beside the finish line. The team awards are large oak plaques with a transparent envelope to place an 8" x 10" team photo in. Due to social distancing standards, we will not take these photos this year.

**Legends Meet Covid Specific Safety Regulations** - The Legends Games Committee has developed the following regulations in coordination with the Trumbull County Health Department and the Trumbull County Fair Board for the 2020 cross country meets held at the Trumbull County Fairgrounds. Any runner, coach or spectator that violates these rules may be required to leave the fairgrounds. All persons in attendance at the meet are required to comply with mask wearing and social distancing guidelines will on the Trumbull County Fairgrounds property.

### **I. Pre-Race - When teams arrive at the fairgrounds, here's what to expect.**

- A. There will be a specific area to drop athletes off.
- B. Coaches only will be responsible for picking up team packets. The Covid verification form (found on Baum's Page) must be signed and turned in to registration workers.
- C. No tents please, they promote congregating. Instead plan on bringing multiple tarps and spreading your groups out. There will be specific areas to set up camps. There are 12 sheltered areas at the Trumbull County Fairgrounds that could easily hold many socially distanced teams in livestock barns west of the grandstands.
- D. The indoor grandstand area will be shut down completely, but runners and spectators may sit in the grandstands as long as they stay socially distanced.
- E. Porta Johns will be available to athletes and spectators. No flush toilets will be available.
- F. Warm ups will be permitted on the course with groupings of 10 or less.
- G. Due to the size of the fairgrounds and the grandstands, we do not anticipate limiting spectators, but there will be a \$3 parking fee per vehicle. There is a parking area available at the west end of the fairgrounds where spectators can watch portions of the race and remain in their vehicles.

### **II. Race - When teams arrive at the Starting Line here's what to expect.**

- A. Teams will be pre-assigned a starting block letter and a wave start number. Starting position C-2 indicates starting box C and second wave. Starting box A is nearest the grandstands.
- B. Teams will not "check-in", but should arrive with their coach at the starting line 5 minutes prior to the scheduled start. It will be the coach's responsibility to make sure that athletes are at the starting line on time, with the correct chips on their shoes and in the proper starting box for their assigned wave. We will not require runners to wear masks to the starting area. Teams are to wait in the staging area behind the starting line socially distanced until notified to enter their starting boxes.
- C. The starting line will be broken up into 12' x 12' foot blocks with 6 foot dead spacing in between blocks. No starting block will have more than 8 athletes.
- D. No team huddles will be permitted prior to the race.
- E. Runouts are only allowed in areas where the runners can remain socially distanced from other runners and spectators.
- F. According to OHSAA guidelines...Wave Starting will be in effect to start not more than 150 runners at a time. The starter will give a start signal when a wave can start. There will be no call backs due to a false start.
  - i) Wave #1 starts at time 0:00
  - ii) Wave #2 starts at time 0:30 (if needed)
  - iii) Wave #3 starts at time 1:00 (if needed)
  - iv) Wave #4 starts at time 1:30 (if needed)
  - v) Wave #5 starts at time 2:00 (if needed)

- G. During the race there will be no "close pack running", runners must stay at least an arm length from a competitor. When passing a runner or being passed, give plenty of distance between yourself and that runner.
- H. Race results will be calculated deducting the wave start offset time then scoring the meet by those times. Race results will only be posted online at Baumspage.com

**I. Post-Race - When teams finish their race here's what to expect.**

- A. Each team must provide a masked coach or an adult team representative near the finish area (but no closer than 30' from finish line) to be prepared to assist a team member that might need help at the finish.
- B. Athletes must immediately move out of the finish area. Bottled water will be available at several tables 50 meters past the finish line. All athletes should immediately return to their team camp after the race.
- C. Medical personnel in full PPE will be provided by the meet directors to assist with emergencies at the finish line.
- D. Coaches will be given a garbage bag at packet pick up. All garbage at team camps is to be picked up and returned to the packet pick up area before leaving the meet.