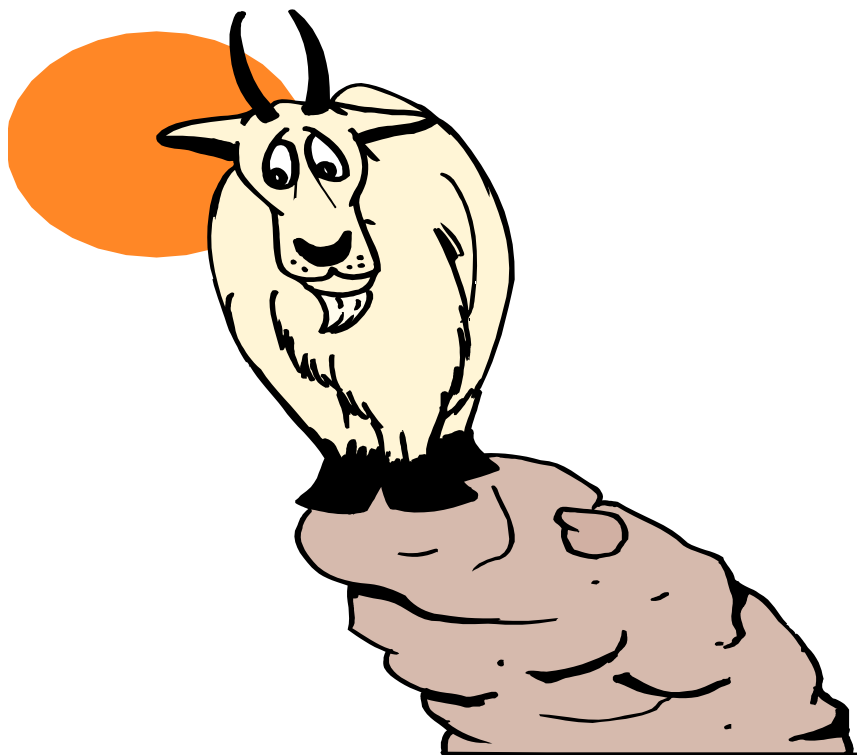


OPEN YOUR 2010 CROSS COUNTRY SEASON WITH A BANG!



The Billy Goat Challenge **AUGUST 28, 2010**

Hosted by the McDonald Cross Country Boosters

On Saturday, August 28th the McDonald CC Program will host the 8th annual Billy Goat Challenge on its home course in scenic and challenging Woodland Park. The course features Billy Goat Hill, a steep incline that occurs in the final quarter mile of the course.

Events will begin at 10:00 with JHB (2 miles), followed at 10:30 with JHG, then the HSB (5k) at 11:00 and finally the HSG at 11:30. An awards ceremony will follow at the park pavilion. Computerized results will be available at that time.

Awards will be presented to the top 2 teams and the top 25 individuals in the varsity races, and the top 2 teams and top 15 individuals in the JH race. The entry fee will be **\$45 per team** (unlimited entries), or a **maximum fee of \$140** per school. Individual runners can enter for a fee of \$10 per runner.

Checks should be made payable to **McDonald CC Boosters** and should be sent to 616 Washington Blvd.; McDonald, Ohio 44437. For more information, e-mail Chris Rupe at chris.rupe@neomin.org or call Chris at home at 330-583-2424.

Directions and final instructions will be sent after your school has made contact and shown intention to compete in this meet.