

2020 Trumbull County Fairgrounds Meet Regulations

Based on Trumbull County Health Department Recommendations

The following regulations have been developed by the games committee in coordination with the Trumbull County Health Department and the Trumbull County Fair Board for the 2020 cross country meets held at the Trumbull County Fairgrounds. These rules are in compliance with the health order issued by the Ohio Department of Health and Governor Mike DeWine. The purpose is to provide a safe environment for these events. Masks are required by all coaches, athletes (Not required during the race) and spectators. Any coach, athlete or spectator that disagrees with any of these regulations should not attend any of these events. Any person found in violation of these regulations by meet officials will be warned once... if they fail to comply, they will be disqualified and/or removed from the meet grounds.

I Pre Race

When teams arrive at the fairgrounds, here's what to expect.

- There will be a specific area to drop athletes off.
- Coaches will hold proof of athletes' passing of pre-event Covid protocol.
- Coaches will also be responsible for picking up team packets.
- No tents please, they promote congregating. Instead plan on bringing multiple tarps and spreading your groups out. There will be specific areas to set up camps. There are 12 sheltered areas at the Trumbull County Fairgrounds that could easily hold many socially distanced teams in animal barns west of the grandstands.
- The outdoor and indoor grandstand area will be shut down completely.
- Porta Potties will be available to athletes and spectators. No flush toilets will be available.
- Warm ups will be permitted on the course with groupings of 10 or less.

II Race

When teams arrive at the Starting Line here's what to expect.

- Teams with their coach will not "check-in" It will be the coaches responsibility to make sure that athletes are at the starting line on time. Coaches will be pre-assigned a starting block letter and a wave start number. Teams are to wait in the staging area behind the starting line with masks on and socially distanced until notified.

- The starting line will be broken up into 12 foot blocks with 6 foot dead spacing in between blocks. No starting block will have more than 8 athletes.
- No team huddles or run outs will be permitted prior to the race.
- According to OHSAA guidelines...Wave Starting will be in effect to start not more than 150 runners. The starter will give a start signal when a wave can start. There will be no call backs due to a false start.
 - Wave #1 starts at time 0:00
 - Wave #2 starts at time 0:30
 - Wave #3 starts at time 1:00 (if needed)
 - Wave #4 starts at time 1:30 (if needed)
 - Wave #5 starts at time 2:00 (if needed)
- During the race there will be no "pack running", runners must stay at least an arm length from a competitor. When passing a runner or being passed, give plenty of distance between yourself and that runner.
- Race results will be calculated deducting the wave start offset time then scoring the meet by those times. Race results will only be posted online at Baumspage.com

III Post Race

When teams finish their race here's what to expect.

- Each team must provide a masked coach or an adult team representative near the finish area (but no closer than 30' from finish line) to assist a team member that might need help at the finish. Each team is responsible for providing water for their athletes.
- Athletes cannot linger at the finish area. This means not even to support their teammates. All athletes should immediately return to their team camp after the race.
- Medical personnel in full PPE will be provided by the meet directors to assist with emergencies at the finish line.
- A reminder to coaches regarding Lindsay's Law. If you have an athlete collapse during or after the race and require medical assistance it will be assumed that athlete will not be able to compete until a doctor clears them.

