

Coaches Information Sheet

Medina Cross Country Festival

1. Buses should drop athletes in the front semicircle in front of Canavan Elem. (825 Lawrence St) or in the bus drop-off loop at Root Middle School (333 Sturbridge Dr.).
2. The buses will then proceed to Medina Sr. High School (777 E. Union St.) where there is ample parking and restroom facilities inside the high school. Bus drivers and coaches should exchange cell phone numbers with each other.
3. There will be a \$5.00 per car for parking if people choose to park at the parking lots at Canavan and Root. Please see the course maps for these locations.
4. Packets will be picked up in the commons area/cafeteria at the south entrance of Canavan Elementary.
5. All runners will wear a bib and a shoe loop timing chip. The timing is provided by Delta Timing. The results will be made shortly after each race on baumspage.com.
6. In the middle school varsity races - a maximum of 7 runners may run.
7. In the high school varsity D-1 races - a maximum of 9 runners may run.
8. In the high school varsity/open D-2 & 3 races the entire team runs in the same race.
9. T-shirts will be sold in the concession stand area on the west side of Canavan Elementary. Short-sleeve shirts - \$12.00, long-sleeve shirts - \$18.00.
10. Awards:
 - Individual awards will be handed out in the chute.
 - Team trophies may be picked up inside Canavan Elem.