



Medina Cross Country Home Meet Day Protocols

Arrival

- See [Course Map](#)
- All athletes, coaches, officials, trainers, race personnel should be screened for signs/symptoms of COVID-19, to include a temperature check.
 - The home school will be responsible for screening their athletes, coaches, trainers, and game personnel, as well as the game officials upon arrival.
 - The visiting school will be responsible for screening (including a temperature check) all of their athletes and coaches before leaving their home school (visiting athletes not transported by district transportation will be required to wait for the arrival of their team so a symptom check can be conducted by their coach).
- All athletes, coaches, officials, trainers and meet personnel will be required to wear a mask. Only when athletes are participating in physical activity (i.e. warming up and racing) will they be permitted to remove their mask.
- All athletes, coaches, officials, trainers and meet personnel should bring their own water/hydration and towel. Water fountains and water coolers will not be provided by the home school.
- All athletes, coaches, officials, trainers and meet personnel should practice social distancing at all times when not participating in physical activity.
- Athletes should come dressed and ready to go.
- Please have your mask on immediately upon leaving your car/bus/van.
- Have your own water bottle and mask.

Pre-Meet:

- Runners will space 6 ft. in their team area when not racing.

Guidelines while competing:

- All teams are to follow the [NFHS/OHSAA COVID-19 Cross Country Recommendations](#) when possible.

- Building access:
 - There will be no building access for visiting teams (in the event of inclement weather, the visiting teams will be required to return to their bus).
 - There will be no locker room provided for officials.

Athletic Trainers:

- AT's will not provide pre-meet treatments to visiting athletes (i.e. taping of ankles). Visiting athletes need to have these pre-meet treatments completed at their home school before leaving.
- AT's will provide emergency care as needed to all athletes (AT's will wear appropriate PPE at all times which may include masks, gloves, and face shields or eye protection).
- Visiting schools are asked to bring traditional medical supplies (i.e. bandages, wraps, etc.) in order to minimize requests from Medina's AT.
- AT's will not provide water coolers (or cups) for visiting teams (if the visiting team chooses to bring a water cooler, they will need to fill the cooler themselves upon arrival).
- Ice will be available for the visiting team as needed.

Spectators:

- All spectators are required to follow the [Medina High School Athletic Spectator Guidelines \(Cross Country\)](#).