

NBC Meet 2010

Date: October 16, 2010
Location: Metzger Park in Louisville
Course: The course will be run in Metzger Park which has some rolling hills
Packets: Pick-up packets at the pavilion by the finish line

Time Schedule:

9:15 Kids Fun Run (Grade 6 & under) Cost is \$1.00 to enter and approximately a 1200m race
9:30 Coaches Meeting – Pavilion by finish line
10:00 Boys Varsity
10:30 Girls Varsity
11:00 Boys Middle School
11:30 Girls Middle School
12:00 Awards/Results

Coaches: All runners need to report to the starting line 10 minutes before the start of the race to get checked in.

Entries: All schools must enter their full rosters on www.baumspage.com

The window opens: **Sunday, September 19th at 8:00am**

The window closes: **Wednesday, October 13th at 8:00pm**

T-shirts: will be available for approximately \$12-\$20

Concession stand: will be available at the pavilion by the finish line

Parking: There is parking in Metzger Park. The spill over parking will be down at Louisville High School. **DO NOT PARK AT THE YMCA!**

Bus Parking: Drop athletes off at the park and the buses will park at the High School

Directions:

From the east: Take Rt.153 to Nickelplate St. and turn left. You will pass the high school and the park is on the left across from the YMCA.

From the west: Take Rt. 30 to Trump road. Follow Trump road to Georgetown – 2nd intersection and take a right. Follow Georgetown all the way to Nickelplate and take a left. The park will be on your right across from the YMCA.

****Please forward the information to the middle school coaches.**