

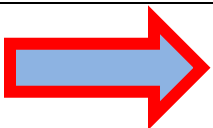


Coaches,

Please share this information with your teams.

The Eastwood Cross Country course is well marked with painted lines, flags, cones, and signs. The signs are color coded by course. You will find the key below. Please refer to the course maps in your packet for additional information.

Symbol	Description
	Middle School course only
	High School course only
	Shared course lines
1st Time/2nd Time	Course directions/Area names