



4th Annual
NORWALK TRUCKER
CROSS COUNTRY INVITATIONAL
Saturday, September 26, 2020

Attention: High School & Middle School Cross Country Coaches

<u>TENTATIVE SCHEDULE:</u>	9:00AM	Boys High School
	9:40AM	Girls High School
	10:20AM	Boys Middle School
	10:50AM	Girls Middle School

SCHOOLS ATTENDING:

HS Boys (6): Bellevue, Clyde, Norwalk, Perkins, Sandusky, Willard
HS Girls (7): Bellevue, Clyde, Norwalk, Perkins, Sandusky, Tiffin Columbian, Willard
MS Boys (7): Bellevue, Briar, Clyde, Norwalk, Sandusky, Tiffin Columbian, Willard
MS Girls (7): Bellevue, Briar, Clyde, Norwalk, Sandusky, Tiffin Columbian, Willard

LOCATION: Norwalk High School
350 Shady Lane Drive
Norwalk, OH 44857

COURSE: The high school course is 3.1 miles. The middle school course is 2 miles. The course will start behind the Reagan Sports Complex on the back side of the high school and finish by the baseball field. The course is 1 loop that travels the high school campus and portions of the memorial park on Shady Lane.

ENTRY: Please have rosters submitted via Baumspage by **Wednesday, September 23rd**.
Scratches are not necessary.

AWARDS: First and second place team trophies for all races. Medals awarded to the top 10 individual finishers. All individual awards will be received at the finish line. Team trophies can be picked up at the results table.

RESULTS: Results will be posted near the concession stand at the end of each race and on Baumspage.

SPECTATORS: There will be a \$5.00 admission fee per car. Spectators must wear a facial covering and must maintain the proper social distance from others who are not within their family groups. Spectators should also keep their distance from the course.

CONTACT: If you have any questions, email Head Coach Stephanie Pope at popes@norwalktruckers.net, or Athletic Director, Josh Schlotterer at schlottj@norwalktruckers.net.

RACE PROCEDURES:

- 1. Team Arrival(s):** Teams and spectators should arrive no earlier than one hour prior to your school's scheduled race. Coaches and student athletes must wear facial coverings. After exiting the bus, teams can set up their tents/camps by the softball field. Please ensure your team areas are away from other teams as much as possible. Spectators are not allowed in the team camp area.
- 2. Starting Line:** Teams are to arrive at the starting line approximately 5-7 minutes before race time. There is no need to arrive earlier, as there is no pre-race meeting, no run-outs or walk-outs, and no team huddles/cheers. Boxes will be assigned before the race. Each starting box is 6' in length and there are 6' empty boxes on each side of your assigned box. Inside each team box there will be white dots. Athletes are to stand on a white dot so they are socially distanced while waiting for the starter's commands. When race time reaches less than one minute, the starter will blow a whistle and runners in the back can then leave their white dots and move up closer to the starting line. Once runners have moved up and are motionless, the starter will fire the gun and start the race.
- 3. Finish Line Procedures:** Athletes will finish the race as normal. Upon finishing, runners should stay on their feet (unless they require medical attention) and move to the chute. Once entering the chute, runners should stay 6' away from the other runners. Athletes should NOT congregate and wait on teammates to finish or chat with other runners. Spectators are asked to remain away from the finish line area to avoid crowding.
- 4. Awards:** Paper copies will be printed and available for pickup by head coach only at the scoring tent. Results will also be posted to Baumspage. Head coaches will also pick up any trophies or medals their teams earn at the scoring tent.

HS Boys:**Meet Record: 16:19 - Kyler Kromer - Norwalk (2019)**

<u>Year</u>	<u>Team Champion</u>	<u>Individual Champion</u>	<u>Time</u>
2020			
2019	Norwalk	Kyler Kromer - Norwalk	16:19
2018	Norwalk	Robert Vazquez - Norwalk	16:28
2017	Norwalk	Jared Arnold - St. Paul	16:41

HS Girls:**Meet Record: 20:09 - Madelyn Verhoff - Bellevue (2018)**

<u>Year</u>	<u>Team Champion</u>	<u>Individual Champion</u>	<u>Time</u>
2020			
2019	Tiffin Columbian	Lily Dowdell - St. Paul	20:33
2018	Bellevue	Madelyn Verhoff - Bellevue	20:09
2017	Bellevue	Lily Dowdell - St. Paul	20:37

JH Boys:**Meet Record: 11:12 - Kyler Kromer - Norwalk (2017)**

<u>Year</u>	<u>Team Champion</u>	<u>Individual Champion</u>	<u>Time</u>
2020			
2019	Tiffin	Omar Dominguez - Norwalk	12:03
2018	St. Paul	Isaac Thimke - St. Paul	11:42
2017	Norwalk	Kyler Kromer - Norwalk	11:12

JH Girls:**Meet Record: 12:51 - Abbie Felske - Tiffin (2019)**

<u>Year</u>	<u>Team Champion</u>	<u>Individual Champion</u>	<u>Time</u>
2020			
2019	Tiffin	Abbie Felske - Tiffin	12:51
2018	Tiffin	Dominique Weisz - Bellevue	12:53
2017	Norwalk	Dominique Weisz - Bellevue	13:29