



Northwest Conference Cross Country Championship Meet

Saturday, October 14th, 2023 Spencerville High School – Host
**NWC Schools with Cross Country Teams: Ada, Allen East, Bluffton, Columbus Grove,
Crestview, Leipsic, Lincolnview, Spencerville**

Schedule:

8:30	Packet pick-up, course open for inspection
9:00	Elementary 1 Mile Run (\$1-register race day, parent sign waiver)
9:30	Jr High Girls 2 Miles
10:00	High School Girls 5k
10:35	Jr. High Boys 2 Miles
11:00	High School Boys 5k
11: 50	(approx) Awards

Entries: All entries will be online at: www.baumspage.com Window opens: 7:00 AM Sunday, September 9th . Window closes: 9:00 PM Wednesday, October 11th .
Submit a complete roster of all possible runners for HS and Jr High boys and girls.
Entry form for the Elementary 1 Mile run is on Baumspage – print it out, register on race day.

Course: at Spencerville HS, 600 School St, Spencerville, OH 45887. The course is 2 loops, flat, mostly grass, several road crossings.

Fees: \$95 per school. Send check to: **Spencerville Athletic Department, 2500 Wisher Drive, Spencerville, OH 45887** by Tues. Oct. 10, or bring on race day.

Awards: There will be an awards ceremony following the last race as soon as all scoring is complete.
HS Boys and Girls: NWC Champion Team trophy; plaques to runners places 1-5, ribbons to places 6-25. **Jr High Boys and Girls:** A 1st Place NWC team trophy will be awarded. Medals to runners places 1-3, ribbons to places 4-15. **Elementary:** ribbons to all finishers.

Other: There will be concessions available, NWC Cross Country Championships 2023 t-shirts for sale-order online by midnight Oct. 4 at nwccrosscountrychampionships2023.itemorder.com (a few will be sold at the meet).

Course maps are included in this mailing. Ballots for NWC Male & Female Athlete of the Year and NWC Male & Female Coach of the Year will be in your packet on race day. Coaches please remember to turn in ballots on the day of the race after the race results are finished.

Bus parking: Drop off teams and park in the lot at 600 School St beside the football field fence.

Questions: Contact Brian McMichael cell 419-204-3148 bcmspen@hotmail.com, or Spencerville AD Kelli Williams at school 419-647-4111 x 3216, cell 419-733-8034, williamsk@svbearcats.org