



2023 PAC-7 XC Championship

2955 Manchester Ave NW, North Lawrence, OH 44666

The Tuslaw Cross Country Team and the Tuslaw Athletic Department will host the 2023 PAC 7 Championship on Saturday, October 14th, 2023! The day will hold 4 races; a high school girls race, high school boys race, middle school girls race and a middle school boys race.

**TEAM ENTRY MUST BE COMPLETED ON BAUM'S PAGE BY:
Wednesday, October 12th at noon!**

- ★ The Entry Fee is \$5.00 PER PERSON ★
- ★ T-shirts will be sold for \$20.00 each - limited sizes available ★
- ★ Concessions will be available ★
- ★ **ABSOLUTELY NO PETS ALLOWED** ★

SCHEDULE OF EVENTS:

- 7:30-8:15 Packet Pick-Up by the Finish Line & Walk the Course
- 8:15 Coaches Meeting at the Start Line
- 9:00 High School Girls Race
- 9:30 High School Boys Race
- 10:00 PAC-7 Senior Recognition at the Start Line
- 10:15 Middle School Girls Race
- 10:45 Middle School Boys Race

★ Questions? Contact Chris Lapish, AD, at clapish@tuslawlocalschools.org ★