



### Saturday, October 26th, 2013 - Time Schedule

Race	Time		Race	Time
Division III Girls	11.00 AM		Division III Boys	1.30 PM
Division II Girls	11.45 AM		Division II Boys	2.15 PM
Division I Girls	12.30 PM		Division I Boys	3.00 PM

• **Course:** The course is mostly grass with two pavement crossings. The terrain ranges from flat to gradual upgrades with one short, but steep hill. Approximately 1,200 meters of the course is wood chipped trail through a wooded area. 1/4 to 3/8 inch spikes are recommended.

• **Eligibility and Rules:** Refer to the OHSAA website at <http://www.ohsaa.org>. **The team coach or faculty representative must accompany your school's qualifiers.** All OHSAA rules and regulations apply to dress, participation, and conduct.

• **Recreational Equipment, Pets, and Site Regulations:** Recreational equipment such as Frisbees, footballs, etc. and pets will not be permitted at the meet site. Radios will not be permitted at the meet site. No smoking is permitted on the school property. **PETS ARE NOT PERMITTED AT REGIONAL SITE!** (*please inform your parents and fans*)

• **Available Facilities:** Concessions stands serving hot food and drinks, drinking fountain, and indoor restrooms are on site. Locker room facilities are not available. Come dressed to participate.

• **Awards:** Awards will be presented at the conclusion of each race in the stadium.

*Team*—Regional Championship and Runner-Up for each race

*Individual*—Award to each individual competitor to the State Meet, top 16 finishers in each race

• **Parking:** All participants and spectators should enter Pickerington North High School facilities from Refugee Road at the traffic light across from Krogers. Parking is available in the Pickerington North High School and Lakeview Junior High parking lots. School buses will be directed to part in designated areas on the west side of the high school, adjacent to the competitor check in area.

If you have any questions, please contact me. Good Luck! We are looking forward to hosting you next Saturday at Pickerington North High School.

Brian Seymour, Regional Meet Director

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Email (*quickest way to get response*): [brian\\_seymour@plsd.us](mailto:brian_seymour@plsd.us)

*please see Baum's Page - Pickerington Regional for more information (course maps, book assignments, etc)*