



2019 Cross Country Regional Tournament

11:00am – Division III Girls

11:45am – Division II Girls

12:30pm – Division I Girls

1:30pm – Division III Boys

2:15pm – Division II Boys

3:00pm – Division I Boys

Course: The course is mostly grass with two pavement crossings. The terrain ranges from flat to gradual upgrades with one short, but steep hill. Approximately 1,200 meters of the course is wood chipped trail through a wooded area. ¼ to 3/8 inch spikes are recommended.

Eligibility and Rules: Refer to OHSAA website at <http://www.ohsaa.org>. **The team coach or faculty representative must accompany your school's qualifiers.** All OHSAA rules and regulations apply to dress, participation, and conduct.

Recreational Equipment, Pets and Site Regulations: Recreational equipment such as Frisbees, footballs, etc. will not be permitted at the meet site. No smoking is permitted on school property. **PETS ARE NOT PERMITTED AT REGIONAL SIT!**

Pass Gate: Individual Qualifiers (each qualifying competitor = one coach)
Team Qualifiers – 10 Total (7 team members, 1 head coach, 1 asst. coach, 1 alternate)

Available Facilities: Concessions stands serving hot food and drinks, drinking fountain, and indoor restrooms are on site. Locker room facilities are not available. Come dressed to participate.

Awards: Awards will be presented in the stadium 30 minutes after the conclusion of each race.

Team -	DI Boys 5 Teams	DI Girls 5 Teams
	D2 Boys 7 Teams	D2 Girls 7 Teams
	D3 Boys 5 Teams	D3 Boys 5 Teams
Individual -	D1 Boys 20 Individual	DI Boys 20 Individual
	D2 Boys 28 Individual	D2 Boys 28 Individual
	D3 Boys 20 Individual	D3 Boys 20 Individual

Parking: All participants and spectators should enter Pickerington North High School facilities from Refugee Road at the traffic light across from Kroger. Parking is available in the Pickerington North High School and Lakeview Junior High parking lots. School buses will be directed to park in designated areas on the west side of the high school adjacent to the competitor check in area.

Admission: \$8.00 for all spectators, please inform your parents and fans.

Please see Baum's Page for additional Regional information.