

**NEO REGIONAL  
CROSS COUNTRY TOURNAMENT  
BOARDMAN HIGH SCHOOL**

***RACE DAY INSTRUCTIONS TO COACHES***

1. **Please check your packet for the following materials:**
  - a. The assigned bib number & 2 chips for each contestant
  - b. A list of starting line assignments
  - c. An envelope with 4 pins for each contestant's number
  - d. Instructions for wearing chips
  - e. Course Map

*NOTE: Verification Form, Appeals Form, Substitution Form, Course Map, and Instructions for State Qualifiers have been available on Baumspage for you to download. Should it become necessary, additional forms are located at the Registration Tent.*

2. **OHSAA State Expense Forms Are Not Required.**
3. **Contestant Numbers:** Numbers must be securely fastened to the **FRONT** of each contestant's jersey. The placement should be approximately 9" to 12" below the shoulders with **four pins** so that the number will not flop. **Athletes who compete with a wrong number may be disqualified.**
4. **Contestant Chips:** A contestant chip must be securely fastened (double-knotted) to **each** shoe. The numbers on both chips must match the contestant's assigned bib number. **Athletes who compete with incorrect chips may be disqualified.**
5. **Starting Line Procedures: Runners must report promptly to the Starting Line Clerk when the calls are made.**
  - a. All races will begin at the assigned time. The start of a race will not be delayed for runners who have not been checked in by the Clerk.
  - b. The **Starting Line Area** will be cleared of all coaches, managers, and others except contestants and officials **5 minutes** prior to the start of each race. A designated area **15 yards** behind the start is provided for coaches and managers to assemble before the start.

**NOTE: The entire finish area including the Bull Pen behind the finish line is part of the Competition area. The use of inappropriate language/behavior or the removal of a jersey in this area may result in DISQUALIFICATION.**

6. **Areas Enclosed by metal barriers** are for **finishers of the race, officials and authorized race staff only.** This area is **out-of-bounds** for coaches, non-competing teammates, parents and spectators.
7. **Appeals Procedure:** An OHSAA Appeal Form was available on Baumspage for prior download. Additional Appeal Forms can be picked up at the Registration Tent if needed.
8. **Course Markings:** Red Poles designate left turns.  
Blue Poles designate straight ahead  
Yellow Poles designate right turns.

<b>10. <u>Time Schedule</u></b>		<b>Teams Competing <u>In Regional Meet</u></b>		<b>Teams Qualifying To <u>OHSAA State Meet</u></b>	
11:00 am	D-III	Girls	11 + Individuals	3 Teams and individuals finishing in the race's top 12	
11:45 am	D-II	Girls	19 + Individuals	6 Teams and individuals finishing in the race's top 24	
12:30 pm	D-I	Girls	24 + Individuals	7 Teams and individuals finishing in the race's top 28	
1:30 pm	D-III	Boys	12 + Individuals	4 Teams and individuals finishing in the race's top 16	
2:15 pm	D-II	Boys	19 + Individuals	6 Teams and individuals finishing in the race's top 24	
3:00 pm	D-I	Boys	23 + Individuals	7 Teams and individuals finishing in the race's top 28	

**11. Regional Awards**

<b>1st Place Team</b>	<b>Regional Championship Trophy</b>
	<b>8 Gold Medals</b>
	<b>1 Gold Medal – Coach</b>
<b>2nd Place Team</b>	<b>Regional Runner-up Trophy</b>
	<b>8 Silver Medals</b>
	<b>1 Silver Medal – Coach</b>
<b>Individuals</b>	<b>1st Place            Gold Medal</b>
	<b>2nd Place            Silver Medal</b>
	<b>3rd-28<sup>th</sup> Place    Bronze Medals DI B &amp; G</b>
	<b>3rd-24<sup>th</sup> Place    Bronze Medals DII B &amp; G</b>
	<b>3rd-12<sup>th</sup> Place    Bronze Medals DIII Girls</b>
	<b>3rd-16<sup>th</sup> Place    Bronze Medals DIII Boys</b>

**PLEASE READ CAREFULLY**

*Boardman Local Schools, the Northeast District Board, and the OHSAA do not sanction an “Open Race” at the conclusion of the Regional Cross Country Tournament. Please be advised that coaches permitting athletes from their schools to participate in such event are financially responsible for any injury that may occur. The OHSAA Catastrophic Insurance is NOT in effect for an event that is not sanctioned by contract. Avoid jeopardizing your family’s future. Please do not permit your athletes to participate in an open race that is not authorized.*

*On behalf of the OHSAA and the NEO District Board let me congratulate you and your runners for their accomplishments this season. Good luck in today’s Regional Tournament!*

*Dave Pavlansky  
Regional Tournament Manager*