

# COVID Protocols

## NEO Regional Cross Country Championships

### October 31, 2020

**OHSAA & COVID Verification Forms are available on Baumspage. Please download, print, and sign. Immediately upon arrival, one coach should leave your bus to exchange them for your team's packet at registration.**

*There will be no printed results. Unofficial results will be uploaded online to Baumspage.com immediately after each race. Coaches will have a 30 minute period to file a formal appeal with the meet referee.*

#### **COVID Protocol & Processes**

##### **Before Leaving**

Verify all athletes are COVID symptom free. Specific symptoms are listed on the COVID Verification Form. Athletes who are symptomatic should be left at home.

##### **Bus Parking**

Bus parking is as usual. Busses should use the entrance to Glenwood Junior High off of Glenwood Avenue. It is situated just north of the woods. Busses should not enter the double drive at Boardman High School. Nor should they enter from Market Street onto Nisonger. Doing either of those things will delay your arrival.

##### **Upon Arrival at BHS**

Immediately send one coach to the registration tent. Registration will open at 7:30 a.m. on Saturday.

*Athletes who are bussed or arriving by car may exit upon arrival to inspect the course, but must follow standard social distancing guidelines and must be wearing a mask when not actively running.*

Athletes transported by car should be in uniform with their parent/coach and identify as such to our personnel scanning tickets.

##### **Conduct on the Course**

Tents are not permitted unless it is raining.

Athletes are to wear masks and socially distance whenever not actively involved in warming up, racing, or cooling down.

##### **Conduct at Team Area**

Parents are not permitted to visit the team area.

Athletes should maintain social distance and remain masked while in the team area.

##### **Conduct at Team Area**

Teams are responsible for their own water & ice. These should be stored at the team area and consumed there only. No water will be provided at the finish line.

Teams should vacate their area and return to their bus as soon after their cooldown as possible. Pre-meet and post-meet meetings are to occur on the bus.

**Conduct at the Start Line** No runouts

No team huddles

Teams should arrive and enter their assigned box no earlier than five minutes before the published start.

Only one coach wearing the green All-Access pass may be at the start to collect masks.

No parents may be within 30' of the start area

Boxes are 6' x 36' with a 3' "No Man's Land" between. Athletes will be spaced in single file at 6' increments. Spots will be painted on the ground as guides.

At the raise of the starter's arm athletes all athletes may move to the start line.

**Conduct at the Finish**

Each team's designated "All-Access" coach should be in the finish chute wearing their green All-Access pass.

This All-Access coach is there to assist his/her athletes at the finish and to move them quickly out of the area and into their cooldown.

*There is to be no flopping.* Athletes are to immediately leave the area. Athletic Trainers and MD's from Akron Children's Hospital are at the finish area for those who have a serious medical issue.

*Passing out masks is not necessary at the finish.* Either your athletes will immediately leave to begin cooling down (no mask necessary) or they have a serious medical issue and will be seen in the med tent. A physician will issue a clean mask there.

**Important**

**Once all of your runners have finished, please leave the finish area and return to your team space. Results will not be posted until the finish area is cleared.**

**Conduct Post-Race**

Athletes should proceed immediately to the team area to learn results, remove their chips and begin their cool down.

Designated All-Access Coach should return chips in their original plastic bag to the Chip Tent.

**Conduct Post-Race**

We will invoice your AD for \$25 per chip. So, turn your chips in.

Try to limit your cool down to 15-20 minutes after your last runner crosses the line.

Please be on the bus vacating the premises as soon as the cool down ends.

## **RESULTS**

Will be posted on Baumspage once the finish area has been cleared.

## **SPECTATORS**

Please be sure to share the SPECTATOR INFORMATION with your parents. It is posted on baumspage and is in this district packet.

## **SUBSTITUTIONS**

**Prior to the Meet:** E-mail your change to Mike Chatfield at [mike@finishtiming.com](mailto:mike@finishtiming.com). Please include YOUNGSTOWN REGIONAL, DIVISION, GENDER, NAME, and SCHOOL of the athlete to be replaced with the name and grade of the replacement athlete.

**Day of the Meet:** See Dave Pavlansky at Registration for a Substitution Form. Forms are also available at [Baumspage.com](http://Baumspage.com).

## **AWARDS**

Will be mailed to the school by OHSAA