## 18<sup>th</sup> Annual Salem Early Bird Cross Country Invitational

Salem Memorial Park
Salem, Ohio

(Updated 08/12/2020)

Middle School Boys: 9:00 am

Middle School Girls: 9:40 am

High School Boys Varsity: 10:20 am

High School Girls Varsity: 11:00 am

High School Boys Open: 11:40 am

High School Girls Open: 12:20 pm

Please note that "Open" races have been added for 2020 due to the OHSAA request to limit the number of participants in individual races. Teams of 5-7 runners may be designated as "Varsity" on race day.

The meet is run very efficiently and the course is well marked. The course is one of the best in the state. It is very challenging and gives your athletes a fair estimate of what time they can expect to run later in the season. So if you're looking for a fun, challenging, and spectator friendly course for your athletes, come and run the Salem Early Bird Invitational.

<u>Coaches, please read</u> the "2020 Entry Letter" prior to registering your team roster on **baumsppage.com**