## ELEVENTH ANNUAL SHAWNEE STATE UNIVERSITY INVITATIONAL FRIDAY, SEPTEMBER $\mathbf{4}^{\mathrm{TH}}$ , 2009

5:00 PM – Men's Collegiate Open – 5 Miles 5:45 PM – Women's Collegiate Open – 5K 6:15 PM – Boy's High School Invitational – 5K 6:45 PM – Girl's High School Invitational – 5K
Awards: Individual Awards – Shawnee State University Invitational T-shirts to <u>Top Ten in Each Race and Winning Teams.</u> Team Awards: Trophies to 1 <sup>st</sup> , 2 <sup>nd</sup> , and 3 <sup>rd</sup> Place Teams
Entry Fee: \$60.00 per team; \$110.00 if running both men's and women's teams. Unlimited entries for every school in all races. \$10.00 for individual runners.
Roster Entry: Entries must be submitted online at <a href="https://www.baumspage.com">www.baumspage.com</a> before 5:00 p.m. on Tuesday, September 1st.
Course: The course is at Riverside Park, about 4 miles west of Portsmouth, on St. Rt. 52. It is flat, entirely on grass/dirt – restrooms available – showers on campus only.
Course Records: Women: Lisa Davies, Shawnee State University (2008) 18:06 Men: Keegan Rathkamp Shawnee State University (2007) 25:12
2008 Team Champions: Women: Cedarville University, Men: Shawnee State University
Please return to:  Eric Putnam  Head Cross Country Coach  Shawnee State University  940 Second Street  Portsmouth, OH 45662
Phone: 740-351-3604 Fax: 740-351-3381 Email: <u>eputnam@shawnee.edu</u>
Make checks payable to: Shawnee State University
Coach University/High School
AddressPhone
Email
Our team(s) will attend the 11 <sup>th</sup> Annual SSU Invitational on Friday September 4 <sup>th</sup> 2009 Please select: MenWomen we will not be able to attend

Please list each athlete's name, sex and year in school in your fax or email.