

Solon Run Comet, Run Invitational

Cleveland Metroparks Polo Fields 3799 Chagrin River Rd, Moreland Hills
Saturday, August 27th 2022

Race Schedule: Course open at 7:00 AM

Boys High School Varsity Race 8:30 AM (unlimited)

Girls High School Varsity Race 9:15 AM (unlimited)

Middle School Boys Race 10:00 AM (unlimited)

Middle School Girls Race 10:30 AM (unlimited)

Participating Teams/Lane Assignment:

- | | | |
|--------------------|-------------------------|---------------------------|
| 1. Beachwood - B/G | 2. Eastlake North - B/G | 3. Mayfield - B/G |
| 4. Nardonía - B/G | 5. Olmsted Falls - B/G | 6. Rhodes - B/G |
| 7. Solon - B/G | 8. University - B | 8. St. Joseph Academy - G |

Middle School Races:

- | | | |
|------------------|--------------|-------------|
| 1. Chagrin Falls | 2. Beachwood | 3. Nardonía |
| 4. Solon | | |

Course Records: Boys: Matthew Singleton - Aurora **15:37.4**
Girls: Olivia Howell - Solon **18:32.23**

Team Packet:

Team packets will be available in the pavilion at 7:30 AM.

Also: Coaches enjoy some coffee and a bagel courtesy of the Solon Athletic Boosters.

Parking:

Team buses should enter at the North entrance off of **S.Woodland Rd.** for drop off. The buses will then be directed to park in the horse training area unless it is too wet. If it is wet, you will park across the street in the open field. Spectators and

family can find limited parking across from the North entrance and at the South entrance. There is additional parking across the street from the South entrance at the Forest Ridge Lot. Handicap parking and coaches will be reserved at the North entrance. Please follow the parking assistants directions. We don't want cars parked within the race course.

Team Camps:

Please set up your team camps outside of the large grass field. Also, make sure to keep the trail around the grass field clear because this is part of the race course. There is grass space outside of this trail for team camps especially on the North side of the field. There should not be any team camp in the large grass field.

Course:

The course starts in the large grass field closest to the North entrance then makes a loop around the perimeter. This will be great for spectators to see them in the first mile. The course then enters the woods at the South side of Polo Fields. The course follows the dirt bridal trail to “Old Field”. At this point, please tell your athletes to try to remain on the **right side** of the trail unless they are passing. The runners make a loop around the grass of “Old Field” then get back on the bridal trail toward Polo. At this point there may be traffic in both directions so stay to the right. Once they exit the woods they make an immediate left and follow this trail back to the large grass field of Polo for the finish. The course will be marked with flags, caution tape and in some areas lined. The course will have guides at crucial turns. Otherwise runners should stay on the dirt or grass trail. It will be very easy to cut a flag short in many areas. The course guides will be instructed to write down team names and jersey numbers for any infractions. So, please discuss flag colors and directions.

Timing:

We will be using Gopher Running Timing. All runners will be using chip timing. There will be an area at the finish for athletes to remove their chips and place them in a bin. Please be sure to enter only those athletes that will be competing on Baumspage. Also, Please remember to return any unused chips, and report any athlete who does not finish the race. Any lost chips will incur a \$10 fee.

Results and Awards:

Results will be posted in the pavilion after the race and on Baumspage.com later that day. Individual awards will be handed to the athlete as they finish the race. The first place finisher receives a gold medal. The second place finisher receives a silver medal. The next 11 finishers receive a bronze medal. The Race Team Champion will receive a plaque. Middle school races will be awarded ribbons. This applies to both male and female races. Team awards will be announced at the pavilion as soon as scoring allows.

We would like to thank Achilles Run Shop for sponsoring the meet. They will be in the pavilion selling running gear.

Good Luck Coaches and Athletes!!!