



## 2020 Southeast Ohio CC Meet

**Meet Date:** September 23rd, 2020

**Location:** Logan High School

14470 St. Rt. 328, Logan, Ohio 43138

**Online Entries:** <http://www.baumspage.com/>

**Entry Fee:** \$50 each for Varsity boys and girls  
\$25 each for MS boys and girls  
\$150/team (bringing both boys and girls)

**Event Name:** Southeast Ohio CC Meet

**Entry Window:** Opens at 1am Monday September 7th  
Closes at 12pm Monday, September 21st

**Awards:** Individual Awards for All Races  
→ Medals for top 2 in each race, ribbons for 3rd -10th place.

**Team Camps:** Back practice soccer field and in between the Start and Finish locations

**Restrooms:** Available at East end of stadium-in chieftain center

**Parking:** Free parking behind the chieftain center in the back parking lot

**Admission:** \$5 per spectator through the taped area from parking lot to course.

**Concessions:** No concessions

**Event Schedule:**

<b>4:00</b>	Course opens
<b>4:30</b>	<b>Senior recognition</b>
<b>5:00</b>	Girls middle school race (2mi)
<b>5:30</b>	Boys middle school race (2mi)
<b>6:00</b>	Girls high school race (2mi)
<b>6:30</b>	Boys high school race (2mi)

**Questions:** Theresa Schultheiss

Logan High School, Athletic Director (740)385-2069 ext. 1616

[tschultheiss@lhsd.k12.oh.us](mailto:tschultheiss@lhsd.k12.oh.us)

**Course note:** The 2-mile course will begin in the practice soccer field, will go around close to the band field and into the first set of woods on our property, exit out by practice soccer field start line and head back into the backwoods of our property. They will go up a path across the bridge and then out and around softball diamonds. As they come down the path, the finish will be next to the start of the race as they come out of the softball diamond area. We ask that athletes wear ¼ spikes rather than long XC spikes so as to maintain condition of our course. If there is rain, our course will be muddy. Please encourage your athletes to be prepared for these conditions.

**Race Style:** We will be using racing bibs and pull tags. Packets can be picked up at the finish line tent.

#### **COVID COMPLIANCE RULES BELOW**

##### **MASKS:**

- Coaches, spectators, administrators, and meet officials will all be required to wear masks at the meet at all times.
- Athletes are to wear masks at all times except for during the race, during a cool down/warm up run, or to hydrate/snack at the meet site.

##### **ENTERING THE COURSE SITE:**

- Temp and symptoms checked at entrance for all who enter.
- Spectators will sign in at the entrance.

##### **SPECTATORS:**

- Limit spectators to parents and close family members of athletes only
- Sit with family and use social distance of 6 ft for others
- Temp checks

##### **STUDENTS/COACHES:**

- No storage of warm up garments in the race line basket: must remove and place in their personal bags before each race.
- In the tent athletes must maintain social distancing of at least 3-4 ft.
- No hand shakes (refer to doing air bumps and air fives)

**-Anyone showing symptoms at meet will not be admitted into the course site.**