

Athletes

- Will wear of face covering at all times when not competing.
- Conduct symptom assessment prior to travel to competition venue.
- Six-feet social distancing must be maintained between individuals when not competing.
- Restrict congregating before or after competition.
- Supply own water bottle, equipment, hand sanitizer and personal items which are not to be shared with anyone.

Officials/Event Workers / Athletic Trainers / Coaches

- Wear a face covering at all times.
- Conduct symptom assessment prior to travel to competition venue.
- Social distancing of at least 6 feet should be maintained at all times
- Supply own water bottle, equipment, hand sanitizer and personal items which are not to be shared with anyone.

Spectators

- Athletes can bring up to 2 people spectators (immediate family) to see them compete.
- Wear a face covering at all times.
- Spectators must conduct daily symptom assessments. Anyone experiencing symptoms must stay home.
- Six-feet social distancing must be maintained between individuals in designated spectator areas.
- No congregating before or after competition is permitted.
- Must wear face covering at all times.
- Please show up when your child races, and leave immediately when they are finished.
- Signage visible on the course to remind all spectators to maintain social distancing of at least 6 feet and to wear masks.
- Parking availability will be restricted in order to limit number of spectators at competition venue.

Starting Line

- Team starting boxes dimensions will be 6' X 12' to allow for enough space for each runner to maintain acceptable social distancing space with at least 4 to 6 feet in-between each box.
- No pre-race meeting will be conducted by officials.
- Runners to arrive at starting line no earlier than 5 minutes before the start.
- No spectators within 30 feet of the starting line area. Area will be marked as restricted.
- No clerking or check-in at starting line. All check-in to be completed at packet pick-up.
- No items to be left or stored in the starting line area.

Competition Considerations: Finish Line

- No spectators within 30 feet of the finish line area. Area will be marked as restricted.
- Modified finish corral to facilitate prompt exiting of the course after competition.
- Athletes to maintain 6 feet social distancing in finish area at all times.
- Athletes to return immediately to their team camp area after finishing the race.
- Students will supply their own water.

Course Layout

- Course at least 6 feet wide at its narrowest point.

Race Schedule

- Each race will be separated by 25 to 35 mins to allow athletes, coaches and spectators to leave venue prior to the arrival of athletes, coaches and spectators for next session.

Results and Awards

- All results to be posted online, sent by email and/ or mailed. No results will be posted at the venue.

Team Camps

- Team camp areas will be designated and marked as practicable.
- Team camps should be at least 20' apart from each other.
- Team camp area will be for athletes and coaches only, no spectators.
- No tents in team camp areas.

Competition Considerations: Medical Staff

- Host site will provide athletic trainer for any medical needs.

Crowd Control

- Plan to be communicated to coaches to share with spectators about safety guidelines and expectation of spectators.
- Course and venue map available with no-spectator zones clearly marked.