

Stow Bulldog CC Invitational

Saturday October 10, 2020

Welcome to the 14th annual Stow Bulldog Cross Country Invitational. You're race packet should include numbers, RFID Tags, pins for all athletes, alley assignments, and a time schedule. Maps of the course are available online. Please make digital copies available to your athletes.

Race headquarters is located at the finish line. The athletic trainer will be located at Oak Tree Pavilion. Race packets can be picked up at the finish line by one coach. Awards can be picked up at the conclusion of each gender's set of races by one coach. T-shirts will be sold at a tent away from the finish and Oak Tree Pavilion. There will be no concessions this year.

Numbers should be pinned to the front of the athletes singlet. Every athlete must have a number. **RFID Tags must be on the right foot only.** The tag should be tied into the laces but free of the laces. **Do not tuck tags into the laces!** Please report any errors to race headquarters. **ALL TAGS MUST BE RETURNED! DO NOT TEAR OR DESTROY THEM!** Athletes should clear the finish line area immediately out the back. They should return tags to their coach and the coach will return all collected tags to the T-shirt tent (not the finish line area).

Restrooms are located by race headquarters and also by the baseball diamonds as well as the porta-johns by the starting line and Oak Tree Pavilion area.

Results will not be posted in hard format at the meet. Results will be posted digitally on Baumspage.com.

All races have alley assignments.

There will be no more than 150 athletes per race in 2020. This includes Open Races.

Teams/Athletes are expected to vacate the park as soon as possible upon completing each race. This is the reason that races are spread out by one hour. Stow Parent Volunteers will be sweeping the course between races in order to clear athletes and spectators between races.

Only 2 spectators per athlete racing should be at the park during the race in which their athlete is participating. Spectators should stay in their vehicles until 15 minutes prior to their athlete's race. They should return to their car and leave the park immediately upon the completion of their athlete's race.

9:00 am	High School Girls Varsity	(Minimum 5, Maximum 10)
10:00 am	High School Girls Open	(Unlimited Entry)
12:00 pm	High School Boys Varsity	(Minimum 5, Maximum 10)
1:00pm	High School Boys Open	(Unlimited Entry)