

Strongsville City Schools



STRONGSVILLE HIGH SCHOOL

Bill Wingler, Principal 20025 Lunn Road 10 Strongsville, Ohio 44149 bwingler@scsmustangs.org Phone
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VERTICAL RUNNER STRONGSVILLE CROSS COUNTRY INVITATIONAL

VERTICAL RUNNER STRONGSVILLE CROSS COUNTRY INVITATIONAL September 26, 2020

Welcome to the Annual Vertical Runner Cross Country Invitational, hosted on the campus of Strongsville High School. We are excited to be hosting your student-athletes and we hope to provide an outstanding experience for each one of your teams. Please find some useful information in this letter and contact information at the bottom for our meet manager and high school athletic director, if you have any specific questions.

When: Saturday, 9/26/20
Where: Strongsville High School
20025 Lunn Road
Strongsville, 44149
Entry Fee: \$150 per high school team

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Race Schedule:

9:00 am	Varsity Boys
9:30 am	Varsity Girls
10:15 am	Boys Open
11:00 am	Girls Open

Registration: The registration for all runners must be entered on www.baumspage.com. The registration window opens on 8/10 and will close on 9/24 at 9pm.

Schools must enter a full team to be counted in the team scores and qualify for a team score. Min 5 runners, Max 10 runners.

Coach: Race information and team packets will be picked up in the stadium press box (visitor's side)
Information: Athletes should report to their team box, no later, than 5 min prior to their scheduled race time. This is for the safety of the athletes competing.
Team camps will be directed to pre-assigned locations once your team arrives.
Plenty of restrooms will be available, but no locker room facilities will be available.
Strongsville High School will not be responsible for items lost, stolen, or damaged in team camp areas. Please make sure you have all of your belongings prior to departing.

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- Course:** The course layout is 5000 meters. A course map is including for your team. We were forced to change the course this year due to construction and will finish inside the stadium. It is our intention to make this year's Invitational very spectator friendly. No one is allowed on the field during or after the races.
- Shirts:** Due to Covid-19 restrictions there will be NO Shirts sold this year.
- Awards:** Due to Covid-19 restrictions there will be NO Awards or Medals give out this year.
- Refreshments:** Due to Covid-19 restrictions there will be NO Refreshments sold this year.
- Results:** Full results will be found on baumspage.com as races conclude.
- Finish Line:** The finish line is in our football stadium. Spectators and coaches are allowed in the stadium seating areas only. No spectators or coaches should be on the track or field surface. Strongsville High School's certified athletic training staff will be on hand for all medical concerns